
September 2024

President - Regena Boyland

1st Vice President - Yoli Manzo

2nd Vice President - Sally Day

Treasurer - Minisha Trivedi

Assistant Treasurer - Idelle Claypool

Secretary - Mary Wordlaw

Director 2024-25 - Dr. Jean Swenk

Director 2024-26 - Kelly Garfield

Parliamentarian - Phyllis McMaster Moist

President's Corner

Regena Boyland



Greetings! I am humbled and honored to serve as your SIS President for the 2024-25 club year. As I was thinking about a theme, I reviewed the mission, vision and core values of our Soroptimist organization. What stood out to me were the core values; Gender Equality, Empowerment, Education, and Diversity & Fellowship. My theme,

Keeping Dreams Alive – Embracing Diversity & Women's Empowerment, aligns with these core values to promote and advocate for the betterment of women and girls. As Soroptimists, we encourage women and girls to pursue their dreams despite their background or challenges they may have experienced; our role is to help them get there through pursuit of their educational goals. I am proud to lead our club in this endeavor with the assistance of the amazing 2024-25 Board, Chairs and club members.

What can I tell you about me? I retired as a Human Resources Manager after 35 years with the State of California, earned a BS degree in Nutrition and Food from Sacramento State in 2016 and a few years later, earned a Master's degree in Organizational Leadership from National University (I decided to follow my own advice to my daughters to get their education-better late than never, I guess).

How did I get involved with SIS? I visited this club eight years ago, after being invited by one of our members and past president, Jennifer Willis. What left an impression on me was the warm reception I received from members and the passion they had for helping women and girls. Once I attended the orientation, and learned about the positive impact Soroptimists made on the lives of women and girls, I knew I had made the right choice to join. Being the parent of daughters, this volunteer opportunity was the perfect match for the role I played as a mother who stressed upon them the importance of education and economic independence. I found the members of SIS to be a diverse group of dynamic women, not only from a cultural standpoint but also the generational diversity, varied professions, personal experiences and backgrounds that each member brought to the club. I believe that although we individually have our own unique differences, our passion for the women and girls we serve in our community binds us into one collective group with a common goal. This is what motivates me to continue serving.

I look forward to serving as your President and thank you for giving me this opportunity. This is going to be a great SIS year!

Welcome, Baby!

Michelle Duong and her husband, Alan, welcomed their baby boy, Elliott Liem Koff, on June 17th. Liem means ‘integrity’ in Vietnamese.

We can’t wait to meet you, Elliott!





SNR Soroptimist Development Retreat

By Regena Boyland, Idelle Claypool, Phyllis Moist & Mary Wordlaw

The SNR Soroptimist Development Retreat held in Reno in mid-August was a great experience for those who attended. The Retreat provided a wealth of useful tools and information that attendees could take back and utilize at their local clubs. We got practical knowledge from the workshops and from interacting and sharing ideas with other Region club members and we had fun while doing so!

There was something for everyone, including workshops specifically tailored for officers, class presentations on the Dream programs and on Soroptimist club operations. We plan to share some of the content from these sessions as part of SOLT (Soroptimist Orientation & Leadership Training) in our upcoming business meetings

Phyllis, our club Parliamentarian, attended the session called "Parliamentary Procedures", wondering how this topic would need an hour and a half. It became one of the most entertaining workshops she has ever attended (and as a teacher, she attended many!) and she learned much about keeping meetings on task.

Everyone that attended agreed that all SIS members can benefit from attending the SNR Soroptimist Development Retreat. We encourage you to attend next year!



Member Spotlight

Rosalie Gladden

A couple of years after retirement, Rosalie knew that she wanted to be involved in an organization which supported women and girls. But, she had never heard of Soroptimist and didn't know which direction to turn. As often happens with our members, it was a connection with a high school friend who also happened to belong to SIS!

Rosalie attended McClatchy High School and a group of about 20 graduates get together every now and then for lunches and events. In another small world story, Rosalie and Janet Galliani attended McClatchy and Rosalie heard about SIS when they both attended a Christmas luncheon with these alumni. She attended one meeting and the rest is history. She loved the environment, the camaraderie of the group and the mission of SIS, and she knew that she had found something special. Rosalie joined in 2012.

Rosalie got involved right away and has never slowed down. She loved helping with the Edible Garden Tour because of her love of gardening. Rosalie secured items for the gardens (added decorations from businesses) and helped with ticket sales and whatever else needed to be done. She loved the Crab Fiesta and Mary Locke convinced her to help out back in the days when it was held at St. Mary's. Mary saw the potential in Rosalie's leadership, handed her the keys and said, "Go for it", and Rosalie served as chair of the Crab Fiesta for several years (it's all a blur, she says...3 years? 4 years?)

When you hear about Rosalie's career, it's obvious she has always been a go-getter. At the end of her working life, she was a Project Manager for the state. She worked on a huge project for the last 6 years – moving 3500 state workers from leased space all over the city to a large building complex off Bradshaw. The project lasted from 2000-2006, and Rosalie was involved in every aspect – she worked with the architects to design 7 floors of space, she collaborated with others to name the rooms, she coordinated the moves. Moving all of these people (in stages), had to be done on the weekends, because the Franchise Tax Board had to be ready to go on Monday morning as the work could not stop. When the project was finally finished, Rosalie said she was done (although they tried to keep her around longer). Hello retirement!

Rosalie graduated from CSUS with a double major in Business and Design at the age of 40. She worked as a designer for 5 years before moving to the state as a tax collector. That led to several other positions with the state over the years.

Rosalie has been married to Cal for 52 years and they are both Sacramento born and raised (they met at a dance club called Froma's – out clubbin' when they were 24 years old). They have two children and 2 grandchildren. Everyone lives in Sacramento, so they enjoy lots of family time together.

A gardener at heart, she loves puttering around in her yard when she's not watching baseball. Cal and Rosalie are huge SF Giants fans, but they really just love baseball, and they are working on visiting every National and American League Baseball Park in the US – 14 down and many to go! Fenway and Wrigley are two favorites.

We're sure glad that a little high school reunion event led to Rosalie's involvement in SIS!

SIA Convention - Bellevue

by Regena Boyland and Jennifer Willis

We had a great time at the SIA Convention in Bellevue this summer! The SIA Convention had lots to offer, including opportunities to meet Soroptimists within our Federation from different parts of the world and throughout the United States. With nearly 700 attendees, 18 countries and territories were represented. Meeting Soroptimists from other countries such as Japan, Taiwan, Mexico, the Philippines, Korea, Canada, and all across the U.S., was an exhilarating experience. It was so inspiring and encouraging to be in the presence of so many outstanding women, sharing Soroptimist's mission.

We had the pleasure of hearing several dynamic speakers, including Sandra Garcia, from Honduras, who empowered us to be inclusive leaders and Robyn Benincasa who inspired us to achieve greatness through G.R.I.T. (Guts, Respect, Innovation and Teamwork). In addition, a variety of workshops were presented on Soroptimist's programs and goals, and the importance of working together to achieve those goals.

Although the convention delivered many outstanding workshops and presentations, we had a great time doing other fun activities. We enjoyed mingling with our fellow Region members at the SNR Night Out dinner at South Fort North Bend, dancing into the night at the Denim and Diamonds party and the Closing Gala. Having the opportunity to meet so many motivated members, including our SIA leaders and Headquarters staff was a real honor. Seeing Soroptimists from other countries dressed in their beautiful native attire and watching each representative, during the Salute to Nations ceremony, carrying their country's flag was amazing.

Overall, we thought the convention was exceptional. Regena indicated that, "attending this SIA convention gave me a better understanding of how we fit into and contribute to the organization as a whole, and the impact we are making on women and girls around the globe." It was truly exciting, informative and inspiring! If you ever have a chance to attend, we recommend it.



Past president Stephanie Smith, Regena, 2024-25 President Ginger Cole
Jennifer, past President Bobbi Enderlin,
members from Philippines

Blanche Edgar/Shirley Godfrey Funds a Shower Trailer for Women's Drop-in Center

In June 2024, SIS and President Nilda presented Sawan Vadan, Executive Director of Community Against Sexual Harm (CASH), a check for \$10,000 from the Blanche Edgar/Shirley Godfrey fund.

The Blanche Edgar/Shirley Godfrey fund is set aside for brick-and-mortar projects which support the mission of Soroptimist. CASH will use the money to fund the installation of a shower trailer for homeless women at their drop-in center. The center provides services to homeless individuals, including meals, clothing, and job training.



SIS Committees 2024-25

Standing committees of SIS align with SIA's strategic priority areas and include: Program, Fundraising, Membership, Public Awareness and Operations.

I. PROGRAM (Service)

Dream It Be It

Co-Chairs: Jennifer Willis, Denice von Arx

Corrine Joe, Karen Kouretas, Alexandra Darling, Nancy Wolford-Landers, Idelle Claypool

Money Matters

Co-Chairs: Nancy Wolford-Landers, Mary Wordlaw
Dawn Cornelius, Mary Locke, Corrine Joe, Karen Kouretas, Nilda Valmores, Susann Hadler,
Sarah Lee

Scholarship Awards

Co-Chairs: Rosalie Gladden, Denice von Arx
Barbara Nash, Pat Canterbury, Yoli Manzo, Pat McConahay, Glorian Mengelkoch,
Elaine Pesce,
Donna Kistler, Phyllis Moist, Rose Coleman

Project Selection

(Random Acts of Kindness, International Goodwill and Understanding)

Chair: Kathy Platz

Mary Kobane, Barbara Nash, Pat Canterbury, Rosalie Gladden, Susann Hadler,
Michelle Duong,
Paula Wright, Pat Menz, Andria Foydl

Live Your Dream Awards

Co-Chairs: Sona Page and Mary Anne Selvage
Pat McConahay, Katharine Durham, Pat Menz, Candace Hull-Taylor, Alexandra Darling,
Donna Kistler

Blanche Edgar/Shirley Godfrey Memorial Committee

Co-Chairs: Mary Wordlaw and Nilda Valmores
Members (per by-laws) President Regena Boyland, 1st VP Yoli Manzo, Treasurer
Minisha Trivedi,
Immediate Past President(s) Nilda Valmores, Idelle Claypool, Cathy Diepenbrock,
Phyllis Johnson

Meeting Speakers

Co-Chairs: Yoli Manzo and Nilda Valmores
Regena Boyland, Sona Page, Barbara Nash, Pat Canterbury, Kathy Platz, Mary Kobane,
Nilda Valmores, Karen Smith, Sally Day

II. **MEMBERSHIP** (Technical)

Recruitment and Retention

Co-Chairs: Phyllis McMaster Moist and Karen Smith
Laurie Norris, Andria Foydl, Cathy Diepenbrock

Attendance

Chair: Laurie Norris (Karen and Mary W will assist with lunch RSVPs, as necessary)
Mary Anne Selvage, Barbara Coulam, Janet Galliani, Idelle Claypool

Hospitality

Co-Chairs: Rosalie Gladden and Idelle Claypool
Mary Kobane, Nancy Wolford-Landers, Pat Menz, Candace Hull-Taylor, Eva Garcia,
Yoli Manzo,
Mary Wordlaw

Soroptimist Orientation and Leadership Training (SOLT)

Chair: Mary Locke

Barbara Coulam, Mary Kobane, Nancy Wolford-Landers, Alexandra Darling, Sarah Lee,
Susann Hadler, Idelle Claypool, Debbie Rubens

Roster

Chair: Karen Smith

III. **FUNDRAISING** (Service)

CEO (Corporate Encouragement Opportunity)

ON HIATUS

Fundraiser Development

Chair: Sarah Lee

Mary Kobane, Susann Hadler, Nancy Wolford-Landers, Nilda Valmores, Mary Locke,
Janet Galliani,

Idelle Claypool

IV. PUBLIC AWARENESS (Technical)

Publicity and Outreach

Chair: Pat McConahay

Membership, especially Committee Chairs

Website Administration

Chair: Karen Smith

Members per by-laws: President Regena Boyland, 1st VP Yoli Manzo, and Treasurer Minisha

Trivedi. Additional members: Sona Page, Mary Wordlaw and Jean Swenk

Social Media

Chair: Yoli Manzo

Pat McConahay, Karen Smith, Katharine Durham

Newsletter

Co-Chairs: Karen Smith, Glorian Mengelkoch

Membership, especially Committee Chairs

Roster

Chair: Karen Smith

V. OPERATIONS (Technical)

Finance

Chair: Idelle Claypool



Regena Boyland, Minisha Trivedi, Karen Kouretas, Rosalie Gladden, Corrine Joe, Paula Wright,

Nancy Wolford-Landers, Barbara Coulam

Laws and Resolutions

Co-chairs: Phyllis McMaster Moist and Sally Day

Elaine Pesce, Barbara Coulam, Rosalie Gladden, Alexandra Darling

 **September Birthdays** 
Michelle Duong 9/16
Mary Kobane 9/22
Sally Day 9/23

2024-25 Meeting Dates

All SIS meetings are held on 1st and 3rd Fridays (except April 25)

Location: Swanston Community Center (2350 Northrop Ave., Sacramento)

Board Meetings are held on the Tuesday before the Business Meeting. All are welcome. Contact President Regena about location information if you want to attend.

Upcoming Events:

Friday, September 6th Business Meeting

Friday, September 20th Speaker Meeting (Speaker TBA)

Friday, October 4 Business Meeting

Copyright © 2024 SIS, All rights reserved.

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.

