

SOR OPTIMIST of sacramento

January 2024

Upcoming Events

Board mtg - Jan 2 Business mtg - Jan 5 Speaker mtg - Jan 19, Delta Mello, Exec Director of Sac History Museum

> 2023-2024 Officers and Board of Directors

President: Nilda Valmores **1**st Vice President: **Regena Boyland** 2nd Vice President: Sona Page Yoli Manzo Secretary: Mary Wordlaw Treasurer: Minisha Trivedi Asst. Treasurer: Idelle Claypool Director **Rosalie Gladden** Director Jean Swenk Parliamentarian: Nancy Wolford Landers

President's Corner by Nilda Valmores

As we end 2023 and start 2024, I just want to acknowledge some numbers and, of course, express my gratitude. (This assumes that I can count correctly.)

23 of our Soroptimist Club members helped bring the holiday spirit to 15 young people in foster care. Thank you to Kathy Platz for arranging for our angelic spirit to happen.

39 members (not to mention some family members, friends, and former SIS members) helped make our See's Candy sale successful. Thank you to those who couldn't help at the store but helped by buying lots of See's Candy. We sold out, and more importantly, we raised money for scholarships for needy young women! Thank you to Karen Smith and her committee for helping make it happen and for worrying about whether we were going to have to eat candy way into 2024.

36 members and 15 potential members registered for our Holiday luncheon. A fun time was had by all. Much thanks to Idelle Claypool and Rosalie Gladden for making it happen and special shout out to Kelly Garfield for helping arrange the location and Kathy Platz for helping make the entertainment happen.

We ended 2023 on a wonderful note and I know we are going to start 2024 in a wonderful way too (and maybe a few extra pounds heavier.) I'm looking forward to seeing our display in the Sac History Museum and celebrating our second 100 years of service, scholarships, sisterhood and more!!

Here's to a happy 2024 for us all !!

Nilda



Guest Speaker for January - Delta Pick Mello

Delta Pick Mello is the Executive Director/CEO of the Sacramento History Alliance which manages the Sacramento History Museum, Old Sacramento Visitors Center, Sacramento Living History, and the popular Old Sacramento Underground Tours. Recently the Museum has been celebrated for its huge TikTok presence with over 2.4 million followers.

Originally from the East Bay area, Delta graduated from CSU Sacramento with a degree in Communications. "I love Sacramento! I love our history, our arts and culture, and I am deeply passionate about Sacramento's Museum community."

She has been in Sacramento's nonprofit museum management field for over 30 years. Delta started at the Sacramento Zoo where she served as Marketing and Community Relations Director. She was also the Membership and Development Director for the California State Railroad Museum Foundation, managing the Polar Express train ride for 8 years; and Executive Director for the California Automobile Museum.

Her nonprofit board service includes the Sacramento Area Regional Theater Alliance, and she currently serves on the boards of the Sacramento Gay Men's Chorus, California Association of Museums, Sacramento Historical Society, and chairs Sacramento Area Museums.

She is also a professional storyteller, a vintage fashion collector, and an amateur tap dancer. Delta has two daughters, four grandchildren, and a great many succulent plants.



Kicking off our next 100 years

To commemorate our Club entering its next 100 years, the Sacramento Museum of History will be featuring a Soroptimist International of Sacramento exhibit that will highlight our club's accomplishments and activities over the last century. On March 23, 2024, we will also host a reception event at the museum for our members and guests to celebrate our achievements.

SEEKING AUCTION ITEMS

We will be hosting an auction at the reception event, and we are seeking donations of items, services, or financial contributions. The success of this auction relies on the generosity of our community, to ensure that our event is a resounding success and that we can continue to make a positive impact with our programs. Here are ways you can get involved:

Donate an item or service: Do you have a unique product, service, or experience that would capture the interest of our community? Your contributions will help us raise crucial funds. Examples of donations include: Gift Cards, Art and Collectibles, New/Unused Decor, Gift Baskets, Fashion and Luxury Items (i.e., handbags, jewelry), Event Tickets, Weekend Getaway or Vacation Packages, Culinary Classes, Private Dinners. Find a corporate sponsor: If you know a business that might donate products or services, we will feature them as a sponsor of our event.

Spread the word: Even if you are unable to contribute directly, you can still support us by spreading the word. Share our newsletter, and encourage your friends, family, and colleagues to join in supporting our cause.

As always, thank you for being supportive members, and we look forward to making this a memorable event that makes a big impact for our club's mission.

2024 INTERNATIONAL GOODWILL AND UNDERSTANDING SANITARY PRODUCTS FOR KENYAN VILLAGE WOMEN AND GIRLS

Pat Canterbury and Michelle Duong

2024 International Goodwill and Understanding proactive project is asking our members to support a Soroptimist Club in Kenya as part of the International Clubs of Africa. We intend to send either feminine sanitary supplies or a check of the funds we raised during the next five months we have before Sona Paige, our 2nd V. P. leaves for Kenya, where she will be visiting one of the villages supported by the African Club. Amazon does not deliver in Kenya therefore the only way to get our products in the hands of the Kenyan village women is to have someone we know deliver them to the Kenyan Soroptimist Club. More information on this International project will be in future newsletters. We anticipate Sona attending our May 17 meeting where she can pick up the products or if we are successful in raising funds during the next five months, a generous check from our Club members. Thank you everyone for this opportunity to put our name, as we celebrate 101 years of giving before Soroptimist members and villagers in Kenya.

A Sweet Idea from Across the Pacific

Since my friend in Kauai couldn't buy any See's for herself, she came up with a brilliant idea to help SI Sacramento's fundraiser while spreading some sweetness to others. Sue asked me to purchase two 2-pound boxes of candy and donate it somewhere. This happened early in the month and since things were so busy at the store, I hadn't had a chance to donate it yet. Through social media last week, one of my gym friends shared about a nonprofit that her brother helps every year. So, I thought, "Let's take Sue's idea and make it even bigger!" When asked if they could benefit from this type of donation, she said YES!

I put out an email to members the day before our holiday luncheon and people handed me checks and cash for the donations. Our goal was to purchase 2 pounds of chocolate for each of the 20 families currently housed at the Next Move Homeless Shelter, and we easily met that goal, so 40 pounds of chocolate was boxed up to be delivered the next morning.

Toni shared with me that her half-brother, Demetrius, and his family experienced homelessness for four years when he was younger. They had spent some time at this shelter along with several others. Years later, he gives back by running a donation drive during the holidays to collect items needed for these families as well as money for a holiday dinner. Toni waited until I contacted her on Friday night to arrange the drop-off before letting her brother know about the candy donation, and he was floored. He said these families never receive things like this and the timing was perfect for the holidays.

So, this simple idea from my friend blossomed into something that helped in more than one way: We sold more candy through your donations, and we spread some sweetness to families in need of a little more joy.

For more about Demetrius and his project:

https://www.nbcnews.com/video/man-gives-back-to-former-homeless-shelter-591380035927? fbclid=IwAR3HHxr6fMNu4_n7ONuRjDYZaKEgzQ9x3JxcVn5XK5_I2PANajBs8IkkDt4



Success with See's By Karen Smith

After many years of fundraising with See's at Loehmann's Plaza, we found a new location at the Lake Crest Village Center in Pocket/Greenhaven. A survey indicated that a majority of members could work shifts at the new space, so we were off and running. Thanks to a continuing relationship with the same management company as Loehmann's, it was a smooth transition.

It takes a village to pull off a fundraiser like this. Thanks to all who helped make this fundraiser a success!

See's Committee: Karen Smith, Mary Wordlaw (co-chairs), Nancy Wolford-Landers, Sona Page, Michelle Duong, Lupe Vanryckeghem, Idelle Claypool

Contract with management company: Nancy Wolford-Landers

Set-up and Decorations: Kristy Fitzgerald, Michelle, Sona, Lupe, Rosalie Gladden, Mary W., Mary Anne Selvage.

Take down: Karen, Mary, Idelle and her son, Dustin and girlfriend, Hazal, Nancy, Rosalie Gladden Truck pick-up and delivery of many items to and from homes and the storage unit: Dan Claypool Signs and advertisements: Michelle Duong

Accounting and Square: Karen, Sona, Idelle

Loan of Hot Spot: Debbie Rubens

PR and article for local newspaper: Patty McConahay

Donation of sandwich board signs for the shopping center: Lyon Real Estate and Idelle

Openers and Closers: Nancy, Lupe, Idelle, Mary Anne, Yoli Manzo, Mary W., Nancy, Karen

At 2 pm on Sat. Dec 23rd, there were only 5 boxes left when a customer came in and bought 4. We asked if he was sure he didn't need just one more and he said, 'Make me a deal!". We offered \$25, he said yes, and we made up the difference. Wheeling and dealing!

We haven't finished up the final accounting, but it looks like the profit will be between \$9,000 and \$10,000 after expenses (and a 5% profit cut from See's this year). A huge thank you to Nancy Wolford-Landers for donating the cost of the ads in the local newspapers.

THANK YOU to the many SIS members and friends who worked shifts and purchased candy. We couldn't have done it without you!



Our last customer!

Upcoming Events

January:

January 2: Exec Board Meeting

January 5 - Business Meeting: 1st Friday;

January 19 - Club Meeting: 3rd Friday; Speaker: Delta Pick Mello, Sacramento History Museum Human Trafficking Conference with SI Rancho Cordova (note: has been postponed until April 6)

February:

January 30 - Exec Board Meeting February 2, Business Meeting: 1st Friday February 10, Winter Leadership Summit February 16, Club Meeting: 3rd Friday – Speaker: Julie Interante, Licensed Qi Gong instructor

March

Feb 27 Exec Board Meeting March 1 Business Meeting: 1st Friday March 15 Club Meeting: 3rd Friday LIVE YOUR DREAM AWARDS

April:

April 2 - Exec Board Meeting April 5 Business Meeting: 1st Friday April 6 Human Trafficking Conference with SI Rancho Cordova April 19 Club Meeting: 3rd Friday SCHOLARSHIP AWARDS

May:

April 30 - Exec Board Meeting

May 3 Business Meeting: 1st Friday

May 17 Club Meeting: 3rd Friday; Speaker Dawnte Early, United Way Local Exec Director, West Sacramento City Council Member

June:

June 4 - Exec Board Meeting June 7 – Last Meeting: Soroptimist Celebrate Success June 21 – 24-25 Board Installation Incoming President Regena Boyland



SIS Birthdays

Bonnie Coleman	January 1
Cathy Diepenbrock	January 1
Sarah Lee	January 3
Susann Hadler	January 6
Karen Kouretas	January 15
Yoli Manzo	January 17
Paula Wright	January 22

SOS for November

And Mary Wordlaw Kathy Platz

Newsletter Committee: Karen Smith Glorían Mengelkoch Nílda Valmores

2023-24 Committee Chairs

Project Selection: Kathy Platz/Michelle Duong (cochairs) Live Your Dream: Mary Anne Selvage, Allison Suznovich (co-chairs) Karen Smith (asst. chair) Scholarships: Karen Smith (co-chair TBD) Blanche Edgar/Shirley Godfrey: Mary Wordlaw/Nilda Valmores (co-chairs) Dream It, Be It - Jennifer Willis/Denice von Are (cochairs) Money Matters - Nancy Wolford-Landers/Kelly Garfield (co-chairs) Speakers - Regena Boyland Recruitment and Retention - Phyllis Moist, Karen Smith (co-chairs) Attendance - Pat Menz, Mary Wordlaw (co-chairs) Hospitality - Idelle Claypool, Rosalie Gladden (cochairs) SOLT - Mary Locke Roster - Karen Smith, Barbara Coulam (co-chairs) Fundraising - Michelle Duong, Lupe Vanryckeghem (co-chairs) Publicitty/Outreach - Patty McConahay, Sally Day (cochairs) Website - Karen Smith, Sally Day (co-chairs) Social Media - Yoli Manzo Newsletter - Glorian Mengelkoch, Karen Smith (cochairs) Finance - Idelle Claypool Laws and Resolutions - Phyllis Moist, Sally Day (cochairs