



# SOROPTIMIST OF SACRAMENTO

March 2022

## Upcoming Events

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March 3 – SIS Business Meeting

March 4 – 100 Year Celebration, Dante Club

March 17 – SIS Live Your Dream

April 14 - Business Meeting

April 28 - Scholarship Awards

### 2022-23 Officers and Board of Directors

**President:**

Karen Smith

**1<sup>st</sup> Vice President:**

Nilda Valmores

**2<sup>nd</sup> Vice President:**

Regena Boyland

**Secretary:**

Mary Anne Selvage

**Treasurer:**

Minisha Trivedi

**Asst. Treasurer:**

Nancy Wolford-Landers

**Director (one year):**

Sally Day

**Director (two years):**

Rosalie Gladden

**Parliamentarian:**

Idelle Claypool



### President's Corner

by Karen Smith

It's FINALLY time to get this party started! After months of planning, our 100<sup>th</sup> Year Celebration is here! I'm so glad that so many SIS members will be there with friends and family. It promises to be an amazing evening. SI Sacramento has so much to be proud of. Soroptimist International of the Americas just posted on Facebook today about all of the SIA clubs who celebrate a milestone anniversary this month and SIS is right on top, of course! We are joined by 19 other clubs who have important anniversaries just this month alone. It reminds me that we are joined by people all over the world who are committed to the mission and purpose of Soroptimist.

And speaking of our mission, we have so much to look forward to as we celebrate with Live Your Dream Awards at our March 17<sup>th</sup> meeting, and we award scholarships at our April 28<sup>th</sup> meeting. These gatherings are always so inspirational as we hear firsthand from the women who are grateful for these awards and for the difference it will make in their lives. The very first SIS meeting that I attended was one of the awards meetings, and it's why I knew SIS was something I wanted to be involved with.

See you at the party and here's to 100 more years!



## Live Your Dream Awards Luncheon, March 17<sup>th</sup>

By Cathy Diepenbrock

Please join us - and bring a friend - for this year's **Live Your Dream Awards Luncheon on Friday March 17<sup>th</sup>**.

This year, SIS received 21 eligible applications, which may be our largest set of applications yet. This tremendous response again demonstrates that the work we do to empower women is more vital than ever!

The LYD Committee will be awarding grants to seven women. We hope to see a great turnout at this very special luncheon to demonstrate our support of our LYD award winners and their families. See you then!



### Georgia loves hearing from SIS!

By Cathy Diepenbrock

*On January 5<sup>th</sup>, I received the most heartwarming voicemail - a message from Georgia wishing me a Happy New Year. It absolutely made my day!*

*When I called her back, we had a lovely chat. She is doing well and thriving in her new home. We had a lively conversation and it was so uplifting - for both of us! One theme that she kept repeating is that she didn't want her friends at SIS to forget her. I assured her that there is no way that could happen!*

*So, to that end, I wanted to encourage each and every member to reach out - via phone or via mail - to reassure Georgia that she is always in the hearts of SIS!*

*One thing to note: she used assistive technology which translates the incoming conversation into text, and it can take a little bit for Georgia to read, so it helps to speak a bit slowly and allow for enough pause to afford Georgia some time to read before responding.*

*For convenience, here is how to reach Georgia:*

*Georgia's phone number: 801-607-1690.*

*Georgia's mailing address: 250 E. Center Street #137, Orem, UT. 84057*

*Thanks for sending some love to our dearest Georgia!*

## SI Sacramento Welcomes 4 New Members in 2022-23...So far!

By Mary Kobane

This is a banner year for new members, and we're thrilled to have four new members inducted since the beginning of the year (and more to come!)

In September 2022, Marcy Vayder transferred from SI Rancho Cordova/Gold River.

Marcy is a social worker who is committed to volunteering and helping others. Marcy's committees are: Fundraising, Scholarship, Dream It Be It and Publicity.

In February 2023, three new members were inducted:

1. Jean Swenk – Jean is not only an educator but a lifelong friend who had to move all the way from the Bay Area just so she could join my Soroptimist club. Jean has been a friend for over 40 years, so she has heard a lot about SIS. She is a life long lover and philanthropist of the San Diego Zoo and Ronald McDonald House. Jean's committees are: Program Committee and Finance Committee
2. Sona Page – Sona's qualifications to join our club are way too long to mention them all. She's been a business manager, director at Best Buy and then went into operations and recruiting. She and her family recently relocated to Sacramento from New Orleans. She found SIS on her own when she visited the See's store and was amazed by our volunteerism and outreach. Sona's committees are: Project Selection and Membership
3. Denice von Arx – Denice is a retired nurse and educator. Denice loves to volunteer and has recently volunteered with the Mustard Seed School. She appreciates the purpose of Soroptimist and looks forward to engaging in practical ways of giving. Denice's committees are: Attendance/Hospitality and Project Selection.



Marcy Vayder



New members (L to R): Sona Page,  
Denice von Arx, Jean Swenk



## Member Spotlight –

# Mary Kobane



Mary has been a proud member of SI Sacramento since 1981 – 42 years! After she started as a stockbroker in 1980, she was invited by her operations manager, Phyllis Gonzalez. Phyllis said, “Mary, you are a unique female, and you need to come to my Soroptimist meeting.” What a true statement and how lucky we are that Mary started officially in 1981. She has never missed a meeting unless she was out of town. In fact, her co-workers and clients knew that she was out the door every Friday at 11:15 a.m. She attended the SIS meeting and, since the stock market closed at 1 pm (PST), it was then off to the golf course! Mary has served on many committees (and we’re keeping her busy as chair of Membership and Recruitment this year) and was president in 1996.

Mary has many wonderful memories of SIS including the Cadillac Dinner Dance, Crab Fiestas, Camellia Hat Festival and Dress-a-Girl. That was fun because several members brought sewing machines to her office at 400 Capitol Avenue and made dresses for girls (a pair of panties in the pocket.) These were sent to young girls in Africa. Everyone helped and often, Mary’s daughter Abby would come along with her. Abby is now a young adult but was present at many of those SIS activities as a young child. Abby continues to be supportive of her mom’s SIS membership and will join us for the 100<sup>th</sup> Year Celebration on March 4<sup>th</sup>.

One memory that stands out was a Halloween party when Linda Hunter was president. So many showed up in beautiful costumes, and the board members were sitting up front at a table. All of a sudden, Linda fell over and two doctors (including our Barbara Smith-Nash) ran up to help and 911 was called. But then Linda popped up and yelled, “Surprise” as she had faked a heart attack!

Fortunately, Mary avoided her own heart attack when it was discovered that she needed bypass surgery back in May 2020. Right before she went into surgery, she made two ‘pinky promises’ with God: First, I want to open my eyes and see my daughter’s face and second, if I come through this, I will do something nice for someone every single day. She has kept that promise. Thank goodness she listened to her body when something wasn’t right and went to get checked out, as the bypass surely saved her life.



As we all know, Mary loves to golf and, in retirement, she golfs 2-3 days a week has bragged about a few hole-in-ones during SOS sharing and when someone calls for a golf partner, she goes. Mary loves to cook and bake and often shares the wealth with friends and neighbors and some of the workers at the golf course.

Travel is a priority, and Mary is so excited about her upcoming trip to Paris with eight women – friends, her daughter and sisters - in May 2023. They are celebrating three years since Mary’s bypass, and she is so grateful for the love and support they provided during her recovery. Mary comes from a big family (6 sisters and a brother). Her siblings live in the Bay Area so there are many visits to the bay as well as to SF to see her beloved Giants.

Mary is a dynamo who lives life to its fullest, and she adds wonderful energy and service to SI Sacramento!

## SCHOLARSHIP INFORMATION

by Pat Canterbury / Wendy Haydon Co-Chairs  
Scholarship Committee

The application for SIS Scholarships is available now. Please share the application (on the last page of newsletter) with anyone who you believe MAY be eligible for one of the SIS Scholarships. We have sent this information to all the local colleges, and to some of our prior funded organizations such as: Single Moms Strong and Young Latinas Aspire. **The deadline for return of all information is March 3, 2023.**

The Scholarship Luncheon will be April 28, 2023.





No birthdays for March

**Upcoming meetings and events:**

March 3 – SIS Business Meeting

March 4 – 100 Year Celebration, Dante Club

March 17 – SIS Live Your Dream Award

(Please note: April schedule is changed  
due to spring holidays)

April 14 – SIS Business Meeting

April 20- SIS social at Idelle's house

April 28 – Scholarship Awards

May 5 – SIS Business Meeting

May 19 – Speaker Meeting

June 2 – SIS Meeting, Soroptimist

Celebrating Success

June 2-4 – Sierra Nevada Region Conference,  
Reno

Newsletter Committee: Glorian Martinelli/  
Janet Galliani, chairs. Members: Pat  
Canterbury, Bonnie Coleman, Wendy Haydon,  
Phyllis McMaster Moist.



**SOROPTIMIST INTERNATIONAL**  
**Of SACRAMENTO, INC.**  
[www.soroptimistsacramento.com](http://www.soroptimistsacramento.com)

**APPLICATION FOR ACADEMIC SCHOLARSHIPS IN A MINIMUM AMOUNT OF \$2,000**  
*Available to Greater Sacramento area female residents currently enrolled in a COLLEGE or UNIVERSITY*

Please send application, financial need/personal statements, and two letters of reference  
(as one PDF document) to [patmyst@aol.com](mailto:patmyst@aol.com)

Subject line: Last name, First name SIS Scholarship App  
(i.e. Jones, Barbara SIS Scholarship App)

Mail sealed transcripts to:  
Soroptimist International of Sacramento, Inc.  
P.O. Box 163604, Sacramento, CA 95816-9604

or

Email electronic transcripts to [patmyst@aol.com](mailto:patmyst@aol.com)

**APPLICATIONS MUST BE RECEIVED ELECTRONICALLY no later than March 3, 2023**

**TRANSCRIPTS postmarked or sent electronically by March 3, 2023**  
**(Official sealed transcripts OR unofficial downloads are acceptable)**

**RECIPIENTS ARE INVITED TO ATTEND A SCHOLARSHIP AWARDS MEETING in Sacramento on April 28, 2023.**

**PERSONAL INFORMATION (may also be typed on a separate sheet, if preferred)**

Name
Address
City, State, Zip
Phone Number Including Area Code
E-Mail Address
College or University and Expected Month/Year of Graduation
Current Field of Study, Any Previous Degrees (if applicable), Awards
Volunteer Activities Related to Field of Study including Internships and Externships

Scholarship Application – 2023

Other Volunteer Work & Community Activities
Name of High School and City, State. Include year of graduation.

**ACADEMICS**

GPA requirement is 3.0+. Mail the official sealed transcript to the address on page 1.

**FINANCIAL NEED STATEMENT**

Please explain in detail your plans for financing your education: savings and family assistance; grants, loans, scholarships; and any unmet need this scholarship will address. This can be provided in a separate document (no more than 400 words, please).

**PERSONAL STATEMENT**

Please submit a brief personal statement describing: your motivation to pursue your education, plan to complete your current education program, the reason for applying for this scholarship, and your career goals. This can be provided in a separate document (no more than 400 words, please).

**CHARACTER REFERENCES**

Please provide two reference letters with your application package. List names and contact information for your references.

Name	Phone #	E-Mail Address

**APPLICATION PACKAGE CHECKLIST (NO DOUBLE-SIDED DOCUMENTS)**

- ☐ Completed application form
- ☐ Financial Need Statement and Personal Statement
- ☐ Two character reference letters  
*(Items above emailed as one PDF; please see instructions regarding email subject line)*
- ☐ Official sealed transcripts (which include GAP) or email unofficial transcripts.