



SOROPTIMIST OF SACRAMENTO

February 2023

Upcoming Events

February 3 – SIS Business Meeting
February 17 – SIS Speaker Meeting
March 3 – SIS Business Meeting
March 4 – 100 Year Celebration, Dante Club
March 17 – SIS Live Your Dream Award

2022-23 Officers and Board of Directors

President:

Karen Smith

1st Vice President:

Nilda Valmores

2nd Vice President:

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Secretary:

Mary Anne Selvage

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Minisha Trivedi

Asst. Treasurer:

Nancy Wolford-Landers

Director (one year):

Sally Day

Director (two years):

Rosalie Gladden

Parliamentarian:

Idelle Claypool



President's Corner

by Karen Smith

Our big 100th Year Celebration is just around the corner on Saturday, March 4th, 2023. We are excited to celebrate the history and legacy of Soroptimist International of Sacramento's many years of service to women and girls and our community.

The evening will include a cocktail hour (no-host) starting at 5 pm. Sarah Lee is heading up the historical committee and many artifacts, photos and articles will be on display. along with a digital presentation. I've seen just a few of these items; what an amazing collection! Dinner begins at 6:30 pm and will be followed by a dessert auction and program hosted by Mark S. Allen, a longtime Sacramentan and local anchor at ABC10. The Public Relations committee, headed up by Pat McConahay, has been working hard to get the word out about the event through newspaper articles and social media posts and a wonderful video will be shown that evening.

There are so many others who are working behind the scenes to make this event successful, not the least of which are our two 100th Year chairs, Idelle Claypool and Rosalie Gladden.

Have you purchased your tickets yet? We are truly hoping to have 100% of our members represented at the Dante Club on March 4, 2023, and we hope you'll invite friends and family.

The Dante Club needs the final count by Feb 15 so get your tickets soon. You can purchase tickets at <https://sis.ticketleap.com/100/> or use your phone to access the QR code below (Open photo app and hold camera over QR code and the page will open.)

Let's get this party started! See you on March 4th!



Guest Speaker at Business Meeting
by Idelle Claypool

We are excited to have Lisa Mangiafico of SIA as a guest speaker at our Business meeting on February 3rd. She will give a presentation on Soroptimist's Early Program Legacy. Since SIA headquarters are in Philadelphia, this will be a Zoom meeting. (Karen will send Zoom link via email on Thursday, Feb 2nd.)

Lisa Mangiafico is the Associate Senior Director for Records and Risk Management at SIA headquarters. She was hired by SIA as our archivist and records manager in 1993, in anticipation of the organization's 75th anniversary in 1996 to create our federation archives. Since then Lisa has taken on a number of roles at headquarters, and has recently taken on risk management as one of the operational areas she oversees, in addition to records, and governance. Prior to joining SIA's staff, she worked for the General Federation of Women's Clubs as the coordinator of the Women's History and Resource Center in Washington, DC.



Lisa has graduate degrees in history and library/information science. She is a member of the Mid-Atlantic Regional Archives Conference, serving as its presiding officer from 2003 to 2005, among numerous appointed and elected board positions. Lisa is also a long-time member of the Society of American Archivists and was elected to its board for 2013-2016. In 2020, Lisa was inducted as a Fellow of the society. She currently serves as the President of the Society of American Archivists Foundation Board. Lisa served on the New Jersey State Historical Records Advisory Board from 2004-2017 and is a member of the Cherry Hill Historical Commission.



Join us in
Celebration of

100 YEARS
1923-2023



INVESTING IN THE DREAMS
OF WOMEN AND GIRLS

MARCH 4, 2023

DANTE CLUB

2330 FAIR OAKS BOULEVARD
SACRAMENTO 95825

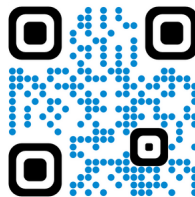
TIME

COCKTAILS 5:00

DINNER 6:30



BUY TICKETS AT
[SIS.TICKETLEAP.COM/100/](https://sis.ticketleap.com/100/)



Friday, February 17 Speaker Meeting
Guests: Dr. Linda Ching and Dr. Bruce Ritter
Sacramento Botanical Garden



Join us on Friday, February 17 (at Swanston Park) for an informative presentation by Bruce Ritter and Linda Ching who are working to establish a botanical garden in Sacramento.

From the website: <https://sacbo.org/>:

Why do we need a botanical garden in Sacramento?

Throughout the world, major destination cities have included botanical gardens as one of the attractions for visitors. Think of the New York Botanical Garden, in NY, the Huntington, in the greater Los Angeles area, or the Royal Botanical Gardens in London. These gardens aren't just for tourists, as the psychological and health benefits of green spaces have been well documented. As open, green spaces in our cities become "developed" into housing tracts, shopping malls, and industrial or business complexes, citizens can lose their connection to the source of our food, our water, and the very air we breathe. A botanical garden in Sacramento is a way to restore our green spaces, provide a place for learning, relaxation and conservation.

For more information about our speakers, Dr. Ching and Dr. Ritter, please visit [the SIS website](#).

Stop Trafficking Awareness Workshop

by Nilda Valmores

Please join us for this very special event. This event is coordinated by SIS Past President, Elizabeth Payette.

Soroptimist International of Loomis Basin Invites You

STOP TRAFFICKING AWARENESS WORKSHOP

Raise awareness and learn about trafficking in our area from:
Roseville Police Department Crime Suppression Unit
Placer County District Attorney's Office
Stand Up Placer Human Trafficking Services

SAT., FEBRUARY 25, 2023
9 A.M. - 12 P.M.
COFFEE AND CHECK-IN AT 8:30 A.M.

LOOMIS VETERANS MEMORIAL HALL
5945 HORSESHOE BAR RD
LOOMIS, CA 95650

Please RSVP to:
info@soroptimistloomis.com
or via our Facebook event QR code:



Sacramento Bee honors our Eva Garcia

By Phyllis McMaster Moist

I picked up my copy of the Sacramento Bee on Wednesday morning, Jan. 25th, and there on the front page was a picture of our very own Eva Garcia amidst pictures of 24 others with the headline, “Top 25 Latino Change Makers”. The article goes on to list her accomplishments in Sacramento as a long-standing business owner as well as her participation in civic positions such as Sacramento City Council. Congratulations, Eva!

You can read more (and watch a video of Eva) [HERE](#)

SCHOLARSHIP INFORMATION

by Pat Canterbury / Wendy Haydon Co-Chairs Scholarship Committee

The application for SIS Scholarships is available now. Please share the application (on the last page of newsletter) with anyone who you believe MAY be eligible for one of the SIS Scholarships. We have sent this information to all the local colleges, and to some of our prior funded organizations such as: Single Moms Strong and Young Latinas Aspire. The deadline for return of all information is March 3, 2023.

The Scholarship Luncheon will be April 28, 2023.



Member Spotlight – Barbara Coulam



While we at SIS are getting ready to celebrate our 100th year, it won't be long before we celebrate the 40th year of membership for Barbara Coulam, who joined SIS in 1984. In the earlier years of SIS, only one person from an employer or profession was invited to join. Barbara's boss and mentor at SMUD, Maxine Gentis, was already a member but once the rules changed, Maxine invited Barbara to apply for membership. Thank goodness for the rule change!

At SMUD, Barbara filled a variety of roles including home economics and energy conservation. She developed the first home energy workshop in Sacramento where she and her colleagues would throw parties (like Tupperware parties) in people's homes. The homeowner invited friends and they would show them energy conservation methods from that time. They offered the homeowner a conservation examination (home energy audit) as a reward and special gifts like weather stripping and special plugs. Between the three of them, they did over 200 parties. This was early in the days of thinking about energy conservation, and many of the ideas were new. While Barbara was telling me about this, I couldn't help but think about that ride at Disneyland sponsored by GE...(Sing along with me....) "It's a great big beautiful tomorrow" where you'd ride around and see the homes become more and more modern and energy efficient.

Barbara also ran cooking schools as a SMUD home economist and over the years, she wore a variety of other hats during her time at SMUD. She was so good at her job that it took three tries to finally retire completely in 1989. They kept luring her back.

Barbara joined SIS for the camaraderie and company, and she has also enjoyed participating in projects and committees to empower women and girls. When she joined, SIS focused on community projects and she has since learned so much about the needs of women and girls and the ways in which Soroptimist supports them across the globe. She especially enjoyed the days of the Christmas boutiques where committees would get together to make wreaths, ornaments, home gnomes and other holiday items. The members would meet every few weeks to create items. The culminating event was a large luncheon and silent auction. Kiosks and tables were set up to display items for sale to raise funds. Once inexpensive holiday items started coming in from outside the US, the boutiques were no longer held, but she has fond memories of those days.

Barbara has worked on many committees over the years and has enjoyed helping out with the newsletter, attendance and hospitality. She was one of the first to own a home computer and she had skills that others didn't have then. She designed the beloved little roster book, and she works hard to put that out for us every year and keep all of the membership records up to date. Barbara also designs and prints many of the certificates, programs and signage that we need for various events.

Her family moved to Sacramento in 1943 and since they arrived at night, she couldn't see much. She still remembers going outside in the morning and being stunned by the number of trees here. City of Trees, indeed! After attending Mills College, she married Bob. Bob and Barbara were married for almost 64 years before he passed away a few years ago, and they had one son, Barry, who is deceased. Barbara is grateful for wonderful neighbors and SIS friends who look out for her and help her out.

We are so lucky to Barbara as a longtime and dedicated member of SIS.

Memorial Contributions

Nancy Wolford-Landers: In memory of Shannon Kaiser (Odell's cousin)

Nancy Wolford-Landers: In memory of Janet Finn (Odell's son-in-law's mother)

January SOS Sponsor

Sarah Lee



SIS February Birthdays

Glorian Martinelli Mengelkoch	February 8
Carol Adams	February 19
Alice Jarboe	February 17
Mary Locke	February 25

Newsletter Committee: Glorian Martinelli/
Janet Galliani, chairs. Members: Pat
Canterbury, Bonnie Coleman, Wendy Haydon,
Phyllis McMaster Moist.

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(Please note: April schedule is changed
due to spring holidays)

April 14 – SIS Business Meeting
April 20- SIS social at Idelle's house
April 28 – Scholarship Awards
May 5 – SIS Business Meeting
May 19 – Speaker Meeting
June 2 – SIS Meeting, Soroptimist
Celebrating Success

June 2-4 – Sierra Nevada Region Conference,
Reno



SOROPTIMIST INTERNATIONAL
Of SACRAMENTO, INC.
www.soroptimistsacramento.com

APPLICATION FOR ACADEMIC SCHOLARSHIPS IN A MINIMUM AMOUNT OF \$2,000
Available to Greater Sacramento area female residents currently enrolled in a COLLEGE or UNIVERSITY

Please send application, financial need/personal statements, and two letters of reference
(as one PDF document) to patmyst@aol.com

Subject line: Last name, First name SIS Scholarship App
(i.e. Jones, Barbara SIS Scholarship App)

Mail sealed transcripts to:
Soroptimist International of Sacramento, Inc.
P.O. Box 163604, Sacramento, CA 95816-9604

or

Email electronic transcripts to patmyst@aol.com

APPLICATIONS MUST BE RECEIVED ELECTRONICALLY no later than March 3, 2023

TRANSCRIPTS postmarked or sent electronically by March 3, 2023
(Official sealed transcripts OR unofficial downloads are acceptable)

RECIPIENTS ARE INVITED TO ATTEND A SCHOLARSHIP AWARDS MEETING in Sacramento on April 28, 2023.

PERSONAL INFORMATION (may also be typed on a separate sheet, if preferred)

Name
Address
City, State, Zip
Phone Number Including Area Code
E-Mail Address
College or University and Expected Month/Year of Graduation
Current Field of Study, Any Previous Degrees (if applicable), Awards
Volunteer Activities Related to Field of Study including Internships and Externships

Scholarship Application – 2023

Other Volunteer Work & Community Activities
Name of High School and City, State. Include year of graduation.

ACADEMICS

GPA requirement is 3.0+. Mail the official sealed transcript to the address on page 1.

FINANCIAL NEED STATEMENT

Please explain in detail your plans for financing your education: savings and family assistance; grants, loans, scholarships; and any unmet need this scholarship will address. This can be provided in a separate document (no more than 400 words, please).

PERSONAL STATEMENT

Please submit a brief personal statement describing: your motivation to pursue your education, plan to complete your current education program, the reason for applying for this scholarship, and your career goals. This can be provided in a separate document (no more than 400 words, please).

CHARACTER REFERENCES

Please provide two reference letters with your application package. List names and contact information for your references.

Name	Phone #	E-Mail Address

APPLICATION PACKAGE CHECKLIST (NO DOUBLE-SIDED DOCUMENTS)

- ☐ Completed application form
- ☐ Financial Need Statement and Personal Statement
- ☐ Two character reference letters
(Items above emailed as one PDF; please see instructions regarding email subject line)
- ☐ Official sealed transcripts (which include GAP) or email unofficial transcripts.