



SOROPTIMIST OF SACRAMENTO

October 2022

Upcoming Events

Oct 8-Business Mtg

Oct 22-Halloween
Party

Nov 4- Business Mtg

Nov 18- Speaker
Meeting -Elaine
Faber, Author

Dec 2-Business Mtg

Dec 16 - Holiday
Party

2022-23 Officers and Board of Directors

President:

Karen Smith

1st Vice President:

Nilda Valmores

2nd Vice President:

Regena Boyland

Secretary:

Mary Anne Selvage

Treasurer:

Minisha Trivedi

Asst. Treasurer:

Nancy Wolford-Landers

Director (one year):

Sally Day

Director (two years):

Rosalie Gladden

Parliamentarian:

Idelle Claypool

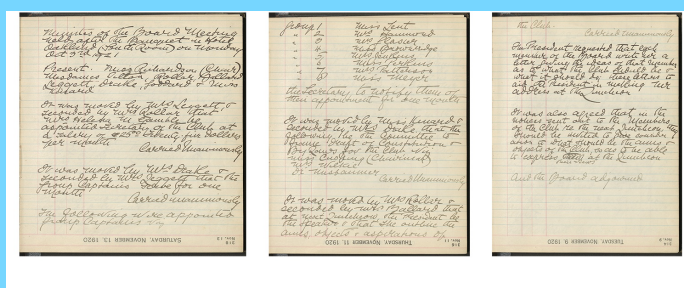


President's Corner by Karen Smith

For the first time in over two years, we've been able to meet in person for both the Business and Speaker meetings. It feels so good to have a bit of normalcy again and to see each other more regularly. Swanston Community Center is a great location that offers plenty of space and parking. Wendy even joined us from Germany on Zoom at our last meeting! If you haven't been able to join us in person yet, we hope to see you

at one of our October meetings.

October 3 is acknowledged in Sorooptimist as Founders Day. On this date in 1921, Sorooptimists held the first board of directors meeting for the Sorooptimist Club of Alameda County, followed by the first charter banquet in Sorooptimist history. Violet Richardson was installed as the first club president. The Constitution of that first club stated the purpose of Sorooptimist was "to foster the spirit of service..." That purpose and spirit of service still drives every Sorooptimist club in the world. Here are the notes from that first Business meeting over 100 years ago.



More than a few times, I have been asked by friends and family "What does 'Sorooptimist' mean?" The chosen name – SOROPTIMIST – was coined from two Latin words: SOROR and OPTIMUS. Soror = Sister: symbol of the bond of comrades and Optimus – The best, highest good. So, it became interpreted to mean "the Best, or the Highest Good for Women," and more popularly in recent years as "The Best for Women". (Source: The Past: Sierra Nevada Region publication)

I will be traveling in Europe for most of October, a twice-postponed river cruise down the Danube and then some touring in Austria. 1st VP Nilda Valmores will be stepping in for me as needed. I will be present for the Oct 7th Business Meeting but will miss the fun Halloween party on Oct 21st.

Regional News

SI Sacramento is part of District 3 of the Sierra Nevada Region. Our own, Sarah Lee, is District 3 Director for the current biennium, and she hosted (along with SI Rancho Cordova/ Gold River) a wonderful Fall Meeting on September 10th. Ten SIS members attended, and the agenda included comments from SNR Governor Lisa Fitzgerald and several other federation chairs. The keynote speaker was Marjorie Diaz, Education Services Homeless Liaison for Folsom-Cordova USD. Thank you to all of you who made donations of shampoo, laundry detergent, underwear, and other items to be donated to the program. The agenda also included brief comments from each club president in our region and Karen generated some excitement for our upcoming 100th Year Celebration.

Pictured below: Karen Smith, Mary Kobane, Sarah Lee, Phyllis Moist, Idelle Claypool, Nilda Valmores, Regena Boyland (not pictured: Barbara Coulam, Nancy Wolford-Landers, Jennifer Willis).





**SROPTIMIST
INTERNATIONAL
CONVENTION**

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Dublin, Ireland • 27-29 July 2023

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November Speaker Meeting - by Pat Canterbury

Elaine Faber has written a new cozy mystery involving our favorite senior spy, Mrs. Odboddy. After a summer of heat, forest fires, or deciding which propositions are the best for our future, now we just wish to relax with hot cocoa, a furry friend (dog or cat) and listen to Elaine discuss Mrs. Odboddy's latest adventures. Elaine had us in stitches when she spoke at SIS three years ago and this latest Mrs. Odboddy is by far her funniest.

Hope to see everyone Friday, November 18. Elaine will have copies of her books for sale for \$12.00 each (check or cash) Invite your friends for a very lively and fun luncheon.

Bio: Elaine Faber, an award winning author who lives in Elk Grove, CA with her husband and two house cats. She is a member of three writers' groups and has led two writers' critique groups. She has published nine cozy mystery novels, an anthology of short cat stories, and has short stories in twenty-one independent anthologies. Elaine's humorous WWII historical fiction, Mrs. Odboddy's mystery novels, have been finalists in three annual book awards.

Save the Date!

SIS 100th Year Celebration

March 4, 2023

Dante Club, Sacramento



We will have a See's Candy store in December.....

(Back to some normalcy!)

Lake Crest Village Shopping Center

Location: I-5 at the Florin Rd. exit in Greenhaven (Nugget Market center)

3 hour shifts with a partner of your choosing (A great way to get to know club members AND generate money for our club)

Phyllis McMaster Moist and Hyrum Gray, Co-Chairs

See's Candy Fundraising Committee

Lunch Meeting RSVPs

Thank you to Mary Wordlaw who is writing the cover emails and setting up the RSVP link for our meetings. Karen will be sending out the RSVP for the 10/7 meeting and after that, Mary Wordlaw will send them out for all meetings. Thanks, Mary!

The lunch RSVP request is always sent out on the Sunday before the meeting and due by Tuesday evening at 8 pm.

If you DO NOT receive the email, check your spam folder. If it's still not there, please email Mary and she will resend. (johnmarywordlaw@gmail.com)

Some people are having issues with group emails but it's intermittent, so we never know who is receiving them. *Even if you CANNOT attend, we still a NO reply.* In that way, we are sure that everyone has received the email.

Notes from the Treasurer by Minisha Trivedi

Some important information regarding donations and reimbursements:

1. If you need a reimbursement, please fill out a check request form. The check request form can be found on the SI Sacramento website (under members). If you cannot access it there, please email Karen or Minisha.
(kmsmith22@gmail.com or minishatrivedi@hotmail.com)
Please send a reimbursement request no later than one month after the event/purchase.

You can get it to me in one of these ways:

- a. Send by email to minishatrivedi@hotmail.com
- b. Mail to:
Minisha Trivedi
2406 G Street, Apt A
Sacramento, CA 95816
- c. Give it to Minisha or Karen at a meeting

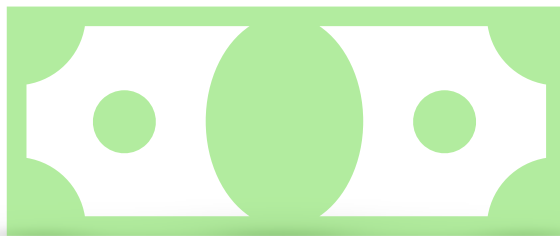
I write reimbursement checks on Fridays, so you'll receive the reimbursement a few days later.

2. If you would like to donate for any reason (memorial or general donation), please send a check to Asst. Treasurer: Nancy Wolford-Landers and include the reason for the donation.

Nancy Wolford-Landers
922 41st Street
Sacramento, CA 95819

You can also donate through the SIS website but there is a fee applied.

3. If you bring a check request form OR a donation by check to a meeting, please put it in an envelope with your name and what it's for OR write the details on the memo line of the check. This will help us keep track of everything.



SIS Member Spotlight By Sarah Lee

Sarah wrote up the following for the SNR blast and since it may have been missed by some, we are reprinting here. Each month the SIS newsletter will include a "Member Spotlight". If you'd like to submit for a future edition, we'd love that! See end of newsletter for submission information.



I have been a proud member of SI Sacramento since 2015. I was invited to attend SI Sacramento's Live Your Dream luncheon by my dear friend, Idelle Claypool. That luncheon was so inspiring, and it became clear the Soroptimist mission and ideals aligned with my own so I joined SI Sacramento one month later. I am your current SNR District 3 Director, and I served as the SNR Secretary in the 2020-2022 Biennium.

Since joining, I have served SI Sacramento on the Board as President, 1st Vice President, 2nd Vice President and Corresponding Secretary. I chaired the Live Your Dream Committee for three years, the International & Goodwill Committee, the SOLT committee and the Program Committee. I have served, at one time or another, on most of our club's other committees. I am an enthusiastic supporter of building deeper friendships within our club and throughout the larger organization.

In addition to my Soroptimist family, I'm blessed with my devoted husband, Mark, and four wonderful children: Kali, Meghan, Jakob and Hana. Mark is an ordained elder in the Presbyterian church, and we just celebrated 21 years of marriage. We both enjoy playing golf, and we find time to golf together at least once a week. In 2020, our oldest, Kali, gave us our first grandchild (Tana) and we are delighted to announce she will be delivering our second grandchild in February 2023! Kali and her husband, Eric, live only ten minutes from us in Carmichael, CA. Our second oldest daughter, Meghan, currently lives in Iowa with her fiancé and works as a narrator for Audible books and is a published travel blogger and marketing professional. Our son, Jakob, works part time for me and obtained his NMLS (National Mortgage Licensing) last year. He recently embarked on a

new career in early childhood education, taking a position at a Montessori school in Bellevue, Washington. Our youngest, Hana, just returned from a year studying abroad at the National University of Ireland at Maynooth. She will be finishing her degree in California, and we're happy to have her closer to home, for now. The most recent addition to our family is Kanga, my Australian Cattle Dog (Blue Heeler) and she is one of the great loves of my life. We walk every day on the American River trail, and she is my constant companion.

I hold an NMLS license as a Mortgage Loan Originator and I'm currently a Branch Manager for Guild Mortgage. I have been a Loan Originator for twenty years and in management for seven of those years. In 2018, I was nominated by the Leukemia & Lymphoma Society as a Woman of the Year Candidate and with my team of twelve, raised \$59,000 for cancer research in the span of 8 weeks (my daughter, Kali, was my campaign manager!). As a result, I was able to name an LLS Research Grant after my Pop's two brothers- we had lost both of my uncles to cancer, and they were my campaign inspiration.

As a younger woman, I studied music with an emphasis in vocal performance. A fun fact about me happened in 2003, when I was eight months pregnant with my youngest child. At the time, I was a member of the Sacramento Choral Society and Orchestra and we had been invited to perform Carmina Burana at Carnegie Hall. Performing at Carnegie Hall was on my bucket list, and I wasn't going to miss this opportunity! We found an OBGYN in New York (just in case) and my conductor was a nervous wreck that I would go into labor on stage. Thankfully, Hana waited until we were back in Sacramento to arrive, and I now have a priceless memory of performing at Carnegie Hall!

JOIN US FOR THE HALLOWEEN PARTY!

FRIDAY, OCTOBER 21ST (11:30 AM)

SWANSTON COMMUNITY CENTER

GAMES, PRIZES AND FUN!



October Birthdays

Idelle Claypool, October 2

Mary Anne Selvage, October 8



SOS Contributions

Carol Adams

Regina Boyland

Idelle Claypool

Barbara Coulam

Cathy Diepenbrock

Janet Galliani

Eva Garcia

Alice Jarboe

Karen Kouretas

Sarah Lee

Mary Locke

Yoli Manzo

Phyllis Moist

Barbara Smith-Nash

Elaine Pesce

Karen Smith

Nilda Valmores

Jennifer Willis

Nancy Wolford Landers

Contributions in Memory of Cary Adams

Idelle Claypool

Nancy Wolford-Landers

Phyllis McMaster Moist

Pat Canterbury

Contributions will be noted in the newsletter in the month following the donation.

Newsletter Committee:

Chairs: Glorian Martinelli/Janet Galliani

Members: Pat Canterbury, Bonnie Coleman, Wendy Haydon, Phyllis McMaster Moist

If you have contributions to the newsletter, please email it in a Word document to Glorian at ggmartinelli@comcast.net by the 25th of the month.