



Soroptimist International Sacramento Newsletter June 2020

SIS Mission: *To provide women and girls with access to the education and training they need to achieve economic empowerment.*

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President’s Corner

Elizabeth Payette

As the club year draws to a close, I want to thank all of you for the honor it has been to serve as president and to continue fulfilling Soroptimist’s mission. I especially want to thank board members and committee chairs for their commitment to leadership.

My theme this year was *Moving Forward: Innovate, Develop and Grow*. I have always felt that it through innovation that we challenge ourselves to reimagine what is possible. The Soroptimist founders had a similar desire in 1921 to reimagine how women could rise out of society’s constraints and their circumstances to create a new

future for themselves. Our club has decades of impressive service helping individuals and community organizations through volunteerism and financial support.

This commitment continued as members focused throughout the year on service, programs, membership, public awareness, and fundraising.



The Dream programs: Dream It, Be It and Live Your Dream, excelled in supporting women and girls through both mentoring and financial giving. Endowed funds and club giving allowed substantial scholarships to be given to five university women. Three scholarships were given to college-bound SAVA

graduates from the DIBI program.

Community grants were given to Single Mom Strong's Empowerment Center and Court Appointed Special Advocate's program for adolescent girls. Through Random Acts of Kindness projects members provided holiday gifts to county foster girls, and members participated in Single Mom Strong's Love Your Life Valentine party. An updated website provides new technology features and fresh look. Membership and Hospitality committees worked together to host socials, mixers, and activities. Outreach brought in four new members.

Luckily, the club was remarkably successful with fundraising at See's Candies and Crab Fiesta. Holding Crab Fiesta in early March resulted in a great experience for all as well as record profits. However, shortly thereafter, the pandemic emerged with its devastating impacts. The club shifted to an online format to conduct business, and generously responded to SIA's COVID-Giving suggestions to help women and girls by giving a Chromebook to a LYD awardee and \$100 Walmart gift cards to each of the sixteen DIBI girls. With risks still present, the club will not hold Crab Fiesta in 2021. As such, the budget will focus giving on programs and scholarships.

While there are still unknowns in the future, Soroptimist women will continue to provide women and girls with access to the education and training they need to achieve economic empowerment.

My gratitude to all of you for a safe and healthy summer.

Most sincerely,
President Elizabeth

Another Successful Year for Dream It, Be It 2019-2020 **Submitted by Phyllis Hayashi**

Regardless of the interruptions we experienced from the Coronavirus pandemic, the SIS Dream It, Be It program at Sacramento Academic and Vocational Academy was a success once again for 2019-2020!

The DIBI Committee presented a seven series Dream It, Be It Curriculum which also included field trips to the Sac State Peak Adventures Ropes Course Center and to Land Park where the students participated in the Run for Safe Haven, sponsored by My Sister's House. The students were so excited to be supporting such a worthy cause. Their participation at Peak Adventures provided lessons on leadership, overcoming obstacles, work as a team and demonstrate skills the students never knew they had until they were given the opportunity to excel and achieve the completion of each obstacle presented.

Second semester, the students participated in the Money Matters program which was facilitated by Nancy Wolford-Landers and the Money Matters Committee members. The committee presented six sessions regarding topics in financial goal setting, budgeting, learning to use a checking account and much more.

The Dream It, Be It program also offers an extended series on Career Exploration. Guest speakers provide presentations regarding their professional careers. Field trips are also scheduled to further explore the careers the students learned about from each speaker. Prior to the school closure due to COVID-19, students were fortunate to learn about medical careers in the fields of Pharmacy, Nursing and Professional Counseling. We were scheduled for a field trip the following week to visit a medical clinic, WellSpace;

however, the field trip was cancelled due to COVID-19. After learning of the school closures and students soon to be participating with online class sessions, our committee identified ways we could still be of support to the students at SAVA. The DIBI Committee coordinated ongoing presentations on the subjects of Real Estate Profession and Loan Originator, presented by Phyllis Hayashi, Lyon Real Estate and Sarah Lee of Guild Mortgage. Restaurant ownership careers presented by Bobbin Mulvaney; and social and TV media presented by Maneeza Iqbal, the senior online and social media editor at KCRA 3. COVID-19 definitely did not stop our club from continuing our mission in serving the students at SAVA!

SIS also provided gift cards to distribute to the students to support them in purchasing groceries and personal necessities during the closure of school. The students were most grateful for our club's continued support.

Lastly, three \$1000 Dream It, Be It Scholarships were awarded this year to some outstanding students who are choosing to continue their education by attending local community colleges to study Law, Theater and Medical. We look forward to receiving continued updates regarding these students' higher education endeavors.

Once again, thank you to all DIBI and Money Matters committee members for giving of your time, talents and treasures to the students of SAVA! Thank you to our club members and to the members of our community. Each of you have made a difference in the lives of these young women- more than you will ever know!

20/20 Vision

**Submitted by Nancy Wolford-Landers
Reprinted from newspaper in
Fremont, CA.**

No one could predict the immeasurable fear,
provoked by a virus the same name as a beer.
A headache, a fever, a cough and a sneeze,
an invisible bug brought the world to its
knees.

The life as we knew it is no longer there,
the streets are deserted, the shelves are quite
bare.

The stadiums silent, all sports are on hold.
The Olympics are postponed – no competing
for gold.

The theatres are empty; the stage lights are
dim,

Bars and restaurants are shut down, so is the
gym.

The stores have all shuttered, malls now
ghostly halls.

A walk in the park requires new protocols.

Once bustling cities now contain empty
squares,

All places of worship, they don't have a
prayer.

Vacations are canceled, all business trips
ceased,

the borders between countries are strictly
policed.

All meetings are taboo, all classes dismissed,
things taken for granted no longer exist.

No weddings, no funerals, no birthdays, no
proms,

Graduations, celebrations could all cause us
harm.

Millions lost livelihoods just overnight,

Uncertainty looms with no ending in sight.

Our arms remain empty, too dangerous to
hug,

So near yet so far from the ones that we love.

So many have suffered, so many have died,
our anxieties and fears have all amplified.

But....

The air is much cleaner, there are fewer car
fumes,

Smokestacks from factories have paused
spewing plumes.

Less traffic on freeways, less cruise ships on seas,
The planet's pollution is starting to ease.
The beaches have less trash, the sky's turning bluer,
our rivers and oceans are less of a sewer.
We've been forced to slow down and examine our lives,
Spend time with our children, our husbands and wives.
We value our friends and reach out to them more,
including the neighbors that live right next door.
A world once divided has now become one,
To conquer an enemy that affects everyone.
No sex, no religion, nationality or race,

Submitted by Nancy Wolford-Landers

"Life is not about waiting for the storms to pass. It is about learning how to dance in the rain"

Vivian Greene

Is immune from this virus that's invaded our space.
It took Mother Nature to force us to pause, and ponder the havoc our actions have caused.
It gave us time to acknowledge our precious world's worth, and decide what to do to preserve planet Earth.
Perhaps this disease is her gift in disguise, to make humans more humane and prevent our demise.

Written by Nancy Langstaff Krakan Pleasant

Board Action Items:

Announcements and Committee Reports:

- Nominating Committee: The Nominating Committee met and approved the slate of Officers and Board of Directors for the 2020-2021 club year below. Presented at the BOD meeting on March 31, 2020 as follows;

Officers

President – Jennifer Willis
1st VP (co-VP) – Phyllis McMaster
Moist and Cathy Diepenbrock
2nd VP – Karen Smith
Treasurer – Kathy Platz
Asst Treasurer – Alice Jarboe
Secretary – MaryAnne Selvage

Board of Directors 2020-2021

Mary Locke
Paula Wright

Parliamentarian – To be selected by the newly elected President (per bylaws)

Board Motion: A motion was made to approve the slate presented by the Nominating Committee. Approved.

Board Motions:

- Amend the operating budget submitted by the Finance Committee to reflect the SNR waiver of regional dues this year.
- Approve the Operating Budget as amended and the Service Budget as submitted.

Soroptimist Offers Scholarships (SOS) and Donations

SOS

Alice Jarboe
Nilda Valmores
Nancy Wolford-Landers
Pat Canterbury
Yoli Manzo
Idelle Claypool
Phyllis Moist
Mary Kobane

Donations for 2019-2020

Sarah Lee
Phyllis Hayashi
Regina Boyland
Elizabeth Payette
Nancy Wolford-Landers - donation in memory of Darlene Geraty
Nancy Wolford-Landers donation in memory of Marge Hyde
Nancy Wolford-Landers made a donation in memory of Mark Holmes
Nancy Wolford-Landers made a donation to the Scholarship Fund in Memory of Charles. L. Chamberlain
United Way checks - \$10.37
SOS - Nancy Wolford-Landers and Barbara Coulam made donations in memory of Stan Joe

June, July & August Soroptimists



Happy Birthday

Georgia Presnell	June 7
Barbara Nash	Jun 9
Zahra Hamdani	June 20

Phyllis Moist	June 29
Kathleen Platz	July 2
Janet Galliani	July 6
Elizabeth Payette	July 9
Elaine Pesce	July 12
Marjorie Matsinger	July 20
Linda Sweeney	July 21
Cindy Petersen	July 22
Phyllis Hayashi	July 27
Donna Kistler	July 29
Rosalie Gladden	July 29
Bonnie "Bo" York	August 6
Pat Canterbury	August 8
Eva Garcia	August 10
Hyrum Gray	August 11
Ramona Moenter	August 19
Deborah Rubens	August 19

Year-End Meeting

SIS Members and Friends:

The year-end club meeting celebrating the club's many accomplishments will be held on Friday, June 5th from 11:30 AM – 12:45 PM online via Zoom and/or phone as indicated at the end of this message. For your convenience, the following links provide the meeting agenda so you can follow along, and a pdf of my End-of-Year Power Point presentation, if you are not joining us by video.

- [https://mcusercontent.com/11bf1cf67a4ad7250f3afa1bf/files/99806282-7970-4ca7-8aca-703d94f77840/Business Mtg Agenda 6 5 2020.pdf](https://mcusercontent.com/11bf1cf67a4ad7250f3afa1bf/files/99806282-7970-4ca7-8aca-703d94f77840/Business%20Mtg%20Agenda%206%205%202020.pdf)
- [https://mcusercontent.com/11bf1cf67a4ad7250f3afa1bf/files/f1541012-9861-4aa6-8acc-35cfa0efc1bf/SIS Year End Celebration June2020 1 .pdf](https://mcusercontent.com/11bf1cf67a4ad7250f3afa1bf/files/f1541012-9861-4aa6-8acc-35cfa0efc1bf/SIS%20Year%20End%20Celebration%20June2020%201.pdf)

Please log in promptly by 11:30 and put yourself on mute to reduce background noise until prompted otherwise. Ideally, you will join using the video feature so we can see each other and celebrate together. There will be many highlights including meeting and acknowledging scholarship recipients – both endowed and DIBI - and LYD awardees. You can also join by phone to listen in, if video is not an option for you.

If you have questions about the consent items below, please contact me ASAP so they can be resolved, and items can remain on the agenda.

CONSENT AGENDA ITEMS

1. Business Meeting Minutes Via Survey Monkey
2. Treasurer's Report: Budget vs Actual (Operating & Service), Statement of Financial Comparison: [https://mcusercontent.com/11bf1cf67a4ad7250f3afa1bf/files/eb8b8638-748a-44f1-803c-8a9b22232b15/archive_1 .zip](https://mcusercontent.com/11bf1cf67a4ad7250f3afa1bf/files/eb8b8638-748a-44f1-803c-8a9b22232b15/archive_1.zip)
3. Board Motions: The board has approved the following motions:
 - Amend the operating budget submitted by the Finance Committee to reflect the SNR waiver of regional dues this year.
 - Approve the Operating Budget as amended and the Service Budget as submitted.

Please see the Zoom/phone access details below. I look forward to seeing everyone!

President Elizabeth

Elizabeth Payette is inviting you to a scheduled Zoom meeting.

Topic: **SIS End of Year Celebration Meeting**

Time: **Jun 5, 2020 11:30 AM Pacific Time (US and Canada)**

Join Zoom Meeting

<https://us02web.zoom.us/j/87513550718?pwd=SjE0R0xUajNETURPNy84TlFGME5SZz09>

Meeting ID: 875 1355 0718

Password: 930711

One tap mobile

+14086380968,,87513550718#,,1#,930711# US (San Jose)

Dial by your location

+1 408 638 0968 US (San Jose)

Meeting ID: 875 1355 0718

Password: 930711

Find your local number: <https://us02web.zoom.us/j/kcM5jkPDA>

SIS Money Matters 2019-2020 Year-end Report

This year Money Matters was taught to a group of 16 teenaged girl students at SAVA (Sacramento Academic and Vocational Academy) Each girl was provided a binder/work-book for them to keep for future reference. Those participating as instructors and dates and the subjects taught are listed here.

<u>Date</u>	<u>Subject</u>	<u>Personnel</u>
Jan. 30th	Intro. Needs vs. Wants, Financial Plans	Nancy Alice Jarboe Nancy
Feb. 6th ^t	Record Keeping Budgeting Financing College	Kelly Ryan Mary Locke Nancy
Feb. 13th	Banking (Field Trip)	Lisa Bartoe Nancy
Feb. 20th	Insurance Credit & Debit Cards & Credit Repair	Kristy Fitzgerald Sarah Lee
Feb.27th	Shopping Wisely and /Eating Healthy Home & Utility Deposits & Conservation	Nancy Barbara C
Mar. 5 th	Pay Stubs Life Choices Wrap up	Dawn Cornelius Nancy

The students were very responsive and participated very well in the discussions. Healthy snacks were provided during each session by the Soroptimist teachers. The survey tests that were given at the beginning and end of the sessions, showed an improvement in their financial knowledge of over 50%.

Certificates of achievement will be awarded to the students in May.

Submitted by Nancy Wolford-Landers



REVISED MEMBERS' DUES STATEMENT—2020-2021

Soroptimist International of Sacramento, Inc.

P.O. BOX 163604, SACRAMENTO, CA 95816-9604

May 25, 2020

This statement provides all members information to pay Soroptimist International of Sacramento (SIS) dues for 2020-2021.

Soroptimist International of Sacramento, Inc. 2020-2021 Dues	
DUES – Revised	\$ 145.00
SOCIAL and HOSPITALITY (Optional – \$20)	\$
SOROPTIMIST OFFERS SCHOLARSHIPS (S.O.S) (Optional – \$50)	\$
Total	\$

SIS dues and optional fees may be paid on the SIS website at <https://soroptimistsacramento.com/membership>. For the convenience of paying on-line, a service fee is added. (Note: Paying dues online is optional and is for those who find this method more convenient.) Others may continue to pay the 2020-2021 dues as directed below.

Life or Regular members: DETACH and MAIL THIS PORTION, by June 1, 2020 with your check and ANY UPDATED ROSTER INFORMATION to: Barbara Coulam, 6748 Rappahannock Way, Carmichael, Ca 95608. YOUR CANCELLED CHECK IS YOUR RECEIPT.

Name _____

Roster – Add/update Information for 2020-2021 (Name, Home or Work Address, or Phone Number):

Roster – Add or up-date your interests? (6 words or less, e.g. reading, swimming, family, etc.):

Do you have a new photo of yourself? Would you like to have a new copy in the roster? If yes, go online to the Members Only area at www.soroptimistsacramento.com and follow instructions to upload your new photo, or contact Barbara @ bhc6748@att.net.

↑ Return THIS Portion to Barbara

↓ Keep THIS portion for your records.

STATUS: Active

NAME _____

Soroptimist International of Sacramento, Inc. 2020-2021 Dues	
DUES – Revised	\$ 145.00
SOCIAL and HOSPITALITY (Optional – \$20)	\$
SOROPTIMIST OFFERS SCHOLARSHIPS (S.O.S) (Optional – \$50)	\$
Total	\$

SIS dues are due by June 1, 2020. After that date, dues are delinquent unless prior arrangements have been made directly with the treasurer. **If dues are paid after June 5, 2020, members will be assessed \$10.00 (a SIA service charge).** Members writing checks or paying cash after June 5, 2020, please add \$10.00 to the payment and submit by mail or pay directly to Barbara Coulam. Members paying on-line after the due date will automatically be assessed the late fee.

Please return check and TOP portion of statement to: Barbara Coulam, 6748 Rappahannock Way, Carmichael, CA 95608

PAID BY CHECK NO. _____ or PAID ONLINE _____