



## Soroptimist International Sacramento Newsletter November 2019

<u>Table of Contents</u>	<u>Page</u>
President's Corner	1
The Art of Mixing	3
Register for SI Convention	3
District 3 Meeting	3
Share Soroptimist Swag	5
Bonnie Coleman Reports	5
Guest Speaker 11/22	6

<u>Table of Contents</u>	<u>Page</u>
See's Candy	6
Dream It Be It	7
Board Action Items	9
November Birthdays	9
Program Schedule	10
See's Candy Flyer	12

### President's Corner – An Attitude of Gratitude

Elizabeth Payette

November brings colorful fall leaves, pumpkin cookies, sweater weather, and too often the rush past

Thanksgiving to begin holiday shopping.

Thanksgiving is one of my favorite holidays because it reminds me of my family's tradition of

gratitude – stopping to think of others, giving



selflessly, and appreciating our blessings. You may have similar traditions this month.

Likewise, our club has a long tradition of dedicated women who show their gratitude through their generosity to help women and girls. We have an attitude of gratitude all year long! Most recently, nine members attended the fall District 3 meeting. It was a day of updates from Director Tracey Edwards and Governor Lane Parks, and time to network with other clubs. SI Sacramento was recognized with certificates for participation in *Live Your Dream* and *Dream It, Be It* programs and for the efforts to increase SIA's collective impact through club giving and Founder's Pennies. I am grateful for everyone's dedication. We have much to be proud of as women who share their talents and experience.



“Dream Grants.” Our scholarships can continue to honor their legacy donor but add “Dream” in the scholarship name. Same with a community grant. Doing so links Soroptimist brand and leverages the tag line: *Investing in Dreams*.

I hope you enjoy your fall traditions and take a moment to reflect in gratitude.

My gratitude to all club members.  
Sincerely, Elizabeth Payette, SIS President

As Soroptimists we share a mutual commitment to the vision and mission. Recently, Soroptimist International of the Americas refined its brand message of vision, mission and tag line. In SNR Governor Lane Parks’ presentation to our club and at all district meetings, she shared the importance of Soroptimist’s brand unifying messages about the Dream programs, and aligning other efforts with the mission of providing women and girls with the education and training they need to achieve economic empowerment. Her analogy was that you know what you’re getting when you eat a McDonald’s hamburger because of consistency and branding. In a similar fashion, Soroptimist wants clubs to highlight the signature Dream programs as our own programs – we are not merely a pass-through organization. The funds raised and volunteerism is unique to our organization.

In addition, Governor Parks suggested that other projects and financial giving can be branded with a “Dream” label. For example, since we are investing in the dreams of women and girls through scholarships and community grants, she recommended that we refer to these as “Dream Scholarships” and

## **The Art of Mixing** **Submitted by Regena Boyland,** **Membership Committee**

The Art of Mixing event held on October 16 was a success! The event, held at the R Street Arthouse Gallery, where one of our very own SIS members, Yoli Manzo, displays her artwork, was the perfect place to hold the mixer. The relaxed ambience of the gallery was very inviting to members and guests who attended the event.



Guests were first greeted by Membership Co-Chair, Nancy Wolford-Landers, who provided information on SIS' background, our mission, and some of our accomplishments. Once guests stepped into the gallery room, they were greeted by the smooth sounds of jazz background music, beautiful artwork (created by Yoli and her gallery room partner, Jill Allyn Stafford) on the walls and shelves throughout the room, yummy hors d'oeuvres, and great wine. Guests also had an opportunity to talk with SIS members to find out more about our club.



President Elizabeth Payette, Hospitality Chair Idelle Claypool, Membership Co-Chairs Nancy Wolford-Landers and Regena Boyland also presented information to attendees to encourage interest in joining our club.

Approximately 25 people (including about 8 non-members) attended the mixer, and so far, one individual has submitted an application and several are considering joining.

This event was enjoyed by all who attended. A big Thank You to Yoli Manzo, Jill Allyn Stafford, and the R Street Arthouse Gallery staff for opening their doors after hours allowing us to hold the mixer at their location. In addition, thanks to all of the SIS members who contributed to the success of this event!

## **Register Now for Upcoming** **Soroptimist's Convention**

- 46th Biennial Convention – July 22 - 25, 2020 in Bellevue, Washington. The convention theme will be *Reaching New Heights*. Registration opens October 2019 on SIA website. An Amtrak train for Soroptimists is being arranged to chug up to WA – lots of fun!

## **District 3 Meeting** **October 19, 2019** **By Nancy Wolford-Landers**

It was a great day to get together with members of eight out of the nine Soroptimist clubs in District three. We met in the club house of the Cameron Park Country Club, in beautiful Cameron Park. Our host club, S.I. of Cameron Park/ElDorado Hills has only 12 members and they did a fantastic job of putting on the District meeting.

We collected yarn for the knitting and crocheting project of prison inmates who make toys and items for babies and children under the guidance and sponsorship of the Flying Samaritans. The Keynote speaker was Christ Nelson from the Flying Samaritans, the Mother Lode Chapter. He shared with us

about the work they do - flying down to Baja California at least once a month to staff a clinic there for a very rural population of 30,000. They provide the only medical, dental and optical services that these very poor (\$8-\$10 per day) workers receive. They service mostly women and children and a few men who are either too sick or injured to go to work.

The agenda for the District meeting was quite full of pertinent Soroptimist subjects. Governor Lane Parks gave a great visual presentation on the latest goings on in SIA and S.I. and latest governors' round table in which she had participated. She had fantastic pictures of the S.I. convention she had attended in Kaula Lumpur. It is a far more cosmopolitan city than I had realized, and Governor Lane really appreciated the opportunity to meet other Soroptimist leaders from around the world.

The federation chairs, committee members and SNR coordinators all gave their reports and brought us up to speed on the latest happenings. Each club President reported on their individual club activities and Sarah Carrasco, the SNR Governor-Elect from SI Truckee Meadows spoke about "Looking to the Future".

I absorbed some "gems of wisdom" from the day, and they included: The S.I. President's Appeal will be "The Road to Equality" and the first issue she wants to face is to eliminate female genital mutilation. She plans a global media campaign. I also learned about the dangers of making assumptions about people. "If an assumption is allowed to go unchecked, it becomes a bias, and a bias can become a distortion of the facts". Another gem was that "it is O.K. to change your mind when you have new information; it is O.K. to learn new facts; it is O.K. to not judge too quickly; it is O.K. to not hold too tightly to your conclusions; it is O.K. to be open to new information."

We also heard about some important dates coming up. April 24-26, 2020 will be the SNR conference at the Atlantis hotel in Reno Nev.

The Soroptimist Development Retreat (SDR) will be July 11-12, 2020 at the Atlantis hotel in Reno. And July 22 -25, 2020 will be the SIA convention in Bellevue, Washington at the Hyatt Regency Hotel. Mark your calendars!!! More information will be available in the Eblast.

Speaking of the Eblast, everyone should be receiving it!! If you are not, please let the membership committee know (Regena Boyland or Nancy Wolford-Landers) so notification to SNR can be made.

It was a great District meeting and SIS was pleased to have had nine members who attended. The rest of you should try to plan to attend the Winter District Meeting which will be held on February 1, 2020/Location to be announced. Hope to see you there!!!!



**From our District 3 Meeting – Sold \$100 worth of items for our Scholarship Fund! Way to Go!**





## Share Soroptimist Swag!

You may have gotten a blank or questioning look when you've mentioned to an acquaintance or co-worker that you are a member in Soroptimist International of Sacramento. Unfortunately, we know that everyone is not familiar with our global organization that supports women and girls by providing education and training so they can achieve economic independence. Soroptimist shouldn't be a best-kept secret. This year take up the challenge by sharing our new mission statement (previous sentence) and Soroptimist logo "swag" items. Within the club, you can use them as gifts to recognize committee members. At work or in the neighborhood, use them to spread the word and describe your pride in Soroptimist. The items below are now available at club meetings for purchase. If you want larger quantities, contact Elizabeth Payette. Donations support SIS Dream Programs.

- Grocery Bags – everyone needs a lot!
  - Set of 4 for \$10.00
  - 2 for \$5.00, but you'll come back for more ☺
- Coffee Mug – drink up or fill with
- See's Candy treats to give away
  - \$5.00
- S.I. Sacramento Stationary – Spread sunshine and friendship
  - \$5.00

## Bonnie Coleman Reports

First, I need to offer my apologies to Susann. In the article last month on the accomplishments of SIS over the years, I failed to include an acknowledgement of the work that Susann did for the handbook, which I used as my source document. In fact, without Susann's work, which Barbara Coulam provided me, I could never have met my deadline; I may not have even been able to recall the relevant information. So, thank you Susann and Barbara.

The article itself was a one-time substitution requested by President Elizabeth for Aunt Bonnie's column. I have been advised that the membership no longer wants to see Aunt Bonnie in the newsletter. Aunt Bonnie wants you to know that she enjoyed every word she wrote of it, appreciated her two editors, Barbara and Janet, and loved every one who ever told her it amused them. She says she may look into a blog if she can figure out how it's done and there is evidence that anyone would want to read it...two big ifs.

Finally, as this Newsletter is available to all members I am using this to request a leave of absence. I'm not sure that one necessary since there are no attendance requirements now but better safe than sorry. Since my Mother's decline over the past 5 years and her death this past year plus my own issues, I find myself a bit enervated or at least frayed. It is time to patch me up I think.

## Guest Speaker November 22

**Dr. Olivia Kasirye, M.D.**

Submitted by Nilda Valmores



Dr. Olivia Kasirye, M.D. has been Sacramento County's Public Health Officer since 2012. She also was recently appointed as Elk Grove's Public Health Officer.

Dr. Kasirye has over 25 [years](#) of experience including her work as the Medical Director of the Sacramento County Child Health and [Disability](#) Prevention program and the Maternal, Child and Adolescent Health program and as the Communicable Disease Controller.

Dr. Kasirye received a Medical Degree from the Makerere University Medical School in Kampala, Uganda. She also has a Master of Science degree in Epidemiology from the University of California, Davis. She is Board Certified in Public Health and General Preventative Medicine. She served as El Dorado County's Department of Health and Human Services as the Public Health Officer from 2009 - 2012.

## It's That Sweet Time of Year - See's Candy Store By See's Candy Store committee

One of our more successful fund-raisers will soon be available for your participation and dedication! We need enthusiastic members to work at least two shifts in our soon to be opening **See's candy Store**. It is a fun way to get into the holiday spirit, because the customers are always happy to see that they can buy See's candy without standing in long lines, and to know that by purchasing from us they are **helping Women and Girls to live their Dreams**.

We will again be in Loehmann's Plaza, but this year in a much more visible and accessible location. The address is 2541 Fair Oaks Blvd. and it is **located between the Bread Store and the Sutter Clinic in the former Draper's & Damon's store space**. It is a larger space than we need but thanks to Kristy Fitzgerald's creativity we will reduce it



to size we need.

We will be open **December 1<sup>st</sup> through 24<sup>th</sup> from 10 a.m. to 6 p.m.** But the candy will be delivered the week before Thanksgiving so if you place a pre-order we can have it ready for you earlier. In addition to working shifts of 4 hours each, we will need members to volunteer for opening and closing the store. **We will have schedules for both working shifts and for opening and closing assignments available for sign ups at the November 1<sup>st</sup> meeting and on-line thereafter.**

Lori Bonnin, the See's sales representative will be visiting us at our November 1<sup>st</sup> Club meeting to tell us about what is available this year. We will have pre-order forms available for each member to take to procure pre-orders from friends, family members and neighbors. See's candy almost sells itself, but we need to make sure we get the opportunity to place orders out there to potential customers.

**See's Candy is a SWEET DEAL**, both for our Club's fund-raising efforts and for your Sweet Tooth!

## **Dream It Be It Update**

**By Phyllis Hayashi**

The students enrolled in the SIS Dream It, Be It program and Sacramento Academic and Vocational Academy (SAVA) instructors had an opportunity to participate in My Sisters House Run For A Safe Haven 5k walk/run on Saturday, October 26, 2019 at William Land Park. This event is one the students look forward to participating in each year. It is one of their community service activities incorporated within the Dream It, Be It curriculum each year. The weather was perfect, and the students were successful in crossing the finish line with an incredible sense of accomplishment!

The students created their own t-shirts to wear for the walk. They were tie dyed and each shirt had a different inspirational quote on the back. The students were able to choose a quote that was most meaningful and inspirational to them.

A special thank you to Nilda Valmores, CEO of My Sister's House, for making it possible for the students to participate in this worthwhile event!









## 2019-2020

### Soroptimist Offers Scholarships (SOS) and Donations

#### SOS

Alice Jarboe  
Nilda Valmores

#### Donations from June

Sarah Lee  
Phyllis Hayashi  
Regina Boyland  
Elizabeth Payette

Nancy Wolford-Landers made a donation in memory of Darlene Geraty

**Nancy Wolford-Landers donation to Family of Marge Hoffelt**

#### Board Action Items:

- Moved, seconded and approved that Phyllis McMaster Moist and Cathy Diepenbrock will share the 2nd V.P. position for the remainder of this 2019 - 2020 year with one vote on the board; with Mary Anne Selvage replacing Phyllis McMaster Moist as Recording Secretary.
- Moved and Approved the recommendation of the Project Selection Committee that the following grants be distributed:

**Single Mom Strong**----\$10,000 for their child care and preschool program  
**CASA** (Court Appointed Special Advocate program) ----\$10,000 for their training program

### Officers and Board of Directors 2019-2020

**President:** Elizabeth Payette  
**Vice President:** Jennifer Willis  
**Second Vice President:** Shared by Phyllis McMaster and Cathy Diepenbrock  
**Recording Secretary:** Mary Anne Selvage  
**Corresponding Secretary:** Donna Kistler  
**Treasurer:** Kathy Platz  
**Assistant Treasurer:** Kristy Fitzgerald

**Board of Directors At Large - 2019 - 2020:**  
**Nancy Wolford Landers** (filling the position vacated by Kristy Fitzgerald as she assumes Asst Treasurer Role)

**Board of Directors 2020 - 2022:**  
**Paula Wright and Lauren Buchanan**

*\*Continuing Board of Directors: Idelle Claypool and Carol Adams\**

### November Soroptimists



### Happy Birthday

Regena Boyland	November 6
Corrine Yee	November 11
Jennifer Willis	November 18
Nilda Valmores	November 22
Phyllis Johnson	November 24

**SIS Program Schedule for  
2019-2020**  
**Club Meetings will be held at Shriner's Hospital, 2425 Stockton Blvd.**  
**1<sup>st</sup> and 3<sup>rd</sup> Friday from 11:30-12:45**  
**Tentative Agenda**

Date	Day	Time	Type-Agenda	Comments
11/1/2019	Friday	11:30am-12:45pm	Bus+General Lisa Bartoe	New SIS Website Features and Accessing Members-Only Area
11/22/2019	Friday	11:30am-12:45pm	General Dr. Olivia Kasirye, Sac Co. Health Officer	Elder Abuse
12/1 or 2-12/24			Fund Raiser – See's Candy Store Pop-up	Loehman's Plaza, Suite TDB
12/3/2019	Tuesday	6-7:15 pm	Board	
12/6/2019	Friday	11:30am-12:45pm	Bus+General Toni Valliere, KCRA	Media and Public Relations
12/20/2019	Friday	11:30am-12:45pm	Holiday Party	Celebration
1/2/2020	Thursday	6-7:15 pm	Board	
1/3/2020	Friday	11:30am-12:45pm	Bus+General Courtney Bailey, Sac Co Registrar	Voter Registration and Election Changes
1/17/2020	Friday	11:30am-12:45pm	General	Grant presentation
2/1/2020	Saturday	SNR Dist 3	Winter Round Table	Location TBD
2/4/2020	Tuesday	6-7:15 pm	Board	
2/7/2020	Friday	11:30am-12:45pm	Bus+General Speaker TBD	Human Trafficking
2/21/2020	Friday	11:30am-12:45pm	Angelique Ashby, Sac City Council Member	Women and Housing in Sacramento
3/3/2020	Tuesday	6-7:15 pm	Board	
3/6/2020	Friday	11:30am-12:45pm	Bus+General TBD	Sacramento Women's Commission
3/7/2020	Saturday	6:00-9:00pm	Fund Raiser	Crab Fiesta
3/20/2020	Friday	11:30am-12:45pm	General	Live Your Dream
3/26/2020	Thursday	6-8:00pm	SOCIAL	Idelle Claypool's Home
3/31/2020	Tuesday	6-7:15 pm	Board	
4/3/2020	Friday	11:30am-12:45pm	April Jarvis © Exec Director, Sac Library	Adult Literacy
4/17/2020	Friday	11:30am-12:45pm	General	Scholarship (in Auditorium)
4/28/2020	Tuesday	6-7:15 pm	Board	

5/1/2020	Friday	11:30am-12:45pm	Bus+General Stephanie McLemore Bray, Pres. & CEO	United Way, Calif. Capital Region
5/15/2020	Friday	11:30am-12:45pm	General Faith Galati, Exec Dir	Breakthrough, Sacramento
6/2/2020	Tuesday	6-7:15 pm	Board	
6/5/2020	Friday	11:30am-12:45pm	Bus+General Rosanna Herber, SMUD Board of Dir	SMUD Issues and Women in Business
6/19/2020	Friday	11:30am-12:45pm	Celebrating Success	
6/26/2020	TBD	Installation	President and Board Installation	

Hospitality Committee to arrange meeting themes (Halloween, Holiday, Valentine, etc. and additional social events





# See's Candy Fundraiser

Help **Soroptimist International of Sacramento**  
raise funds to help at-risk Women and Girls  
To live their dreams

## See's Candy for Sale

Dec. 1st - 24 th  
10 am - 6 pm

2541 Fair Oaks Blvd. In Loehmann's Plaza  
Former location of Draper's and Damon's

**It is a Sweet Deal**