



Soroptimist International Sacramento Newsletter November 2018

<u>Table of Contents</u>	<u>Page</u>
President's Corner	1
Nov. 2 Guest Speaker	2
Nov. 16 Guest Speaker	2
CEO Partner	3
S.O.L.T.	3
Wear Your Name Badges	3
Scholarships	3

<u>Table of Contents</u>	<u>Page</u>
Gifts from the Heart	4
Aunt Bonnie	4
SOS	5
Board Action Items	5
November Birthdays	5
Programs	6

President's Corner

Submitted by President Sarah Lee

One of the things I love most about being a Soroptimist is being surrounded by like-minded people, all focused on the same mission. But we're not really like-minded, are we? Our common mission has brought together people of many different backgrounds, generations, political convictions, religions, ethnicities and professions. In today's polarized world, this kind of diversity in one group seems harder and harder to find. There is a lot of value in SIS membership. We are provided an opportunity to learn more about the needs of, and give back to, women and children in our community, educate and inspire others about how they can help and develop friendships with each other in the process. This is the value I expected



when I joined SIS four years ago. What I wasn't expecting was the enrichment that has come by being surrounded by the wonderful diversity of our club.

I am inspired by my SIS experience and I hope you

are too. I am inspired to look for friends in unlikely places, inspired to look first for what I have in common with other people instead of how I am different and reminded most people want to make the world a better place . . . and that's the most important common ground.

November 2 Guest Speaker Amaya Weiss



The speaker is Amaya Weiss, Executive Community Director for Student Support Services at Sacramento City Unified School District. Amaya was the guest speaker at the recent Soroptimist District meeting. She shared how she'd been inspired to create Hope Closets at school campuses when she saw unmet needs among students and families, many of whom live in poverty. Amaya will share how by working with the larger school community and supporters, she was able to develop Hope Closets to provide food, clothing, toiletries, and school supplies.

This month SIS is collecting new socks that will be donated to Hope Closets. Please bring your donation to this Friday's meeting and Amaya will take them with her.

November 16 Guest Speaker Brittaneer Moreno – Teen Violence

Statistics show that 1.5 million high school girls and boys have been in an abusive relationship.

Our speaker of November 16th, Brittaneer Moreno, will tell us about the FLY (First Love Yourself) program, which includes Teen Dating Violence and Building Healthy Relationships.

Brittaneer Moreno has been employed as a Tribal Advocate & Regional Coordinator with Inter-Tribal Council of California, Inc., (ITCC). A statewide tribal organization ITCC is comprised of 50 tribes and tribal organizations. She is assigned to domestic violence related matters and community outreach.



Ms. Moreno works closely with tribal subject matter experts who have demonstrated a high level of functioning and success in their respective fields of work. In collaborative effort, Ms. Moreno successfully helped in developing programs such as First Love Yourself, Elder Abuse Training, and Free and Empowered. These programs impact many communities throughout Northern California.

Ms. Moreno is affiliated with the Sherwood Valley Band of Pomo Indians and the Round Valley Indian Tribes. Prior to coming to Inter-Tribal Council of California, Inc., Ms. Moreno worked in the medical field for 5 years and attended Epic Bible College. She is well known for her willingness to serve the people in her community and her leadership qualities.

Thanks to our CEO Partner!



S.O.L.T - Soroptimist Orientation & Leadership Training

Women, Water, & Leadership 2017-2019 S.I. Presidents' Appeal Submitted by the Membership Committee

S.I. President, Mariet Verhoff-Cohen, chose this topic for her two-year appeal back in 2017, and so far over \$60,000 has been raised. The hope is this appeal will support projects that educate, empower and enable women and girls to have the education, experience and capacity needed to manage water resources, and to gain careers in water-related professions.

At this time, there are two projects which this appeal has been supporting; one in Africa, and one in Europe. The Mwhoko Women's Group in Kenya is working to improve the economic and social livelihood of women, by teaching them better farming methods which utilize less water but will provide them with a sustainable livelihood. The project in WeWash, Bulgaria is reshaping the lives of unemployed and low-income women and girls by increasing their employability in water related professions.

We should all plan ahead for next month's President's appeal which will occur in conjunction with the December 10th celebration of Human Right's Day. Water is a basic Human right. We should be prepared to help support this year's President's appeal.

Wear your Name Badge And Have a Chance to Win a Prize Submitted by Nancy Wolford-Landers

Don't Forget - wear your name badge to all the Soroptimist Club meetings and you will have a chance to win a prize at each meeting.



Each person who is wearing their name badge at the meeting will get a chance to win a raffle prize at that meeting. We want everyone to be able to put names and faces together. With new members joining us this year, we want them to know who we are and for us to know who they are. Name badges can help us do that. See you at the next meeting with your name badge on. Thank you for cooperating.

Scholarship Committee Submitted by Rosalie Gladden

The Scholarship Committee met on October 20th. The Scholarship Application has been revised and is on the SIS website. On November 8th, the local colleges and universities will receive the application to share with students. Applications must be postmarked no later than February 20, 2019. If SIS members know of a deserving female college/university student who is a resident of the Sacramento area, they should encourage her to submit an application.



The next meeting of the Scholarship Committee is tentatively set for March 21, 2019.

Holiday Gifts from the Heart

Submitted by Karen Smith

Once again, we will partner with Sacramento County to provide holiday gifts to foster youth. Here are the important dates:



Friday, Nov. 16 – hard copy list available for sign-ups at the meeting
Saturday, Nov. 17 – “live” list available online to sign up
Friday, Dec. 7 – Gifts due to the club meeting; gifts will be picked up by Tonja and her team after the meeting

Emails will also be sent with all of the details and reminders. Thanks for your support for the Gifts from the Heart program.

Aunt Bonnie and Her New Roommate

By Bonnie Coleman

This weekend I was offered a three year old kitty who has been a devoted Mom to three litters and now just wants to take up a new hobby. She is a pretty little brownish thing and I think breeders call her an Asiatic shorthair. Something like that. She looks like the modern Siamese but without the points. Instead she is sort of tiny and striped and spotted.

Her name is Dancer. I don't know which kind of dancer but she is very light on her feet. I found that out by trying to gather her for her first vet meet and greet appointment. She hopped about

from one hiding spot to another and waited for me to lumber after her, get down on my knees just in time for her to scamper away again.

At one point I thought I had her cornered in my tiny kitchen: Hah! I lack imagination. She does not. She leapt from the ground to a full foot over my head, caromed off the refrigerator and was back in the living room before I could turn around. I never saw that coming. I didn't even know it could be a thing. Shouldn't three rounds of kittens in three years slow a body down some?

The next day she was as bright and cheerful as a little sprite again. I have broken glasses, a black eye, two skinned knees, and sundry bruises on my elbows legs and hips. I refuse to look anywhere else on my body but there was definitely blood in the hall and it wasn't hers. I suffered all that damage and she never laid a paw on me. She never let me get that close to her.

I understand NOW that this is not uncommon and it can last a week and a half or so. I was told to confine her to a small space. So now, instead of closing off a third of the house, I have her confined to our bedroom. She seems to come out from under the bed only to drink water, eat, and upchuck her kibble. It's breaking my heart. I can just hear her thinking “I was a good kitty. I was an excellent kitty mom. I raised three litters of beautiful kittens with good hearts and kind personalities. And this is my reward?...to be locked up with some big maniac who wants to kill me?”



And as for me. I wanted someone to pet and cuddle with and I have a frightened little animal who is scared to death of me and is doing a pretty good job of killing me.

2018-2019

Soroptimist Offers Scholarships (SOS) and Donations

Idelle Claypool
Janet Galliani
Nancy Wolford-Landers
Mary Kobane



Board Action Items –

- 1) The Board moved to recommend to the membership that the club support the fund raising activities of the See's Candy store in December and the Crab Fiesta in March.
- 2) The Board approved the membership applications of Linda Roberts Sweeney and Hyrum Gray and recommends ratification by the membership
- 3) The Board approved a recommendation to the membership to change the S.I.S. mission statement from "to improve the lives of women and children" to: "to improve the lives of women and girls" to be in alignment with the S.I.A. mission statement.
- 4) The Board approved a recommendation to the Project Selection committee to focus on projects that align with that focus on women and girls, *whenever possible*. This should *not* be interpreted as a directive to prevent boys from benefiting from our project selections when women and girls will also benefit.

Officers and Board of Directors 2018-2019

President – Sarah Lee
First Vice President – Elizabeth Payette
Second Vice President – Jennifer Willis
Recording Secretary – Nancy Wolford-Landers
Corresponding Secretary – Regina Boyland
Treasurer – Kathy Platz
Assistant Treasurer – Phyllis Moist
Board of Directors
Carol Adams
Idelle Claypool
Kristy Fitzgerald
Lisa Bartoe
Glorian Martinelli
Parliamentarian (appointed) – Debbie Rubens

November Soroptimists!



Happy Birthday

Corrine Yee Joe	November 11
Jennifer Willis	
November 18	
Nilda Valmores	November 22
Elizabeth Sherrell-Davis	November 23

SIS Program Schedule for 2018-2019

Club Meetings will be held at Shriner's Hospital unless noted at Marriott

Meetings: 1st and 3rd Friday from 11:30-12:45

Socials: Planned by Hospitality Committee

Tentative Agenda

November 2, 2018	Speaker + Business agenda (Marriott)		confirmed	Amaya Weiss, Executive Community Director, Student Support Services, SCUUSD
November 16, 2018	Meeting w/ Speaker (Marriott)	Donna	confirmed	Brittane Moreno – Teen Violence
December 7, 2018	Speaker + Business agenda	Dawn	confirmed	Women Veteran's Issues, Jackie Kirkwood, Women's Veterans Alliance, jackieusmc75@gmail.com 916-698-5022 AND Jade Smith, Sac Veteran's Resource Ctr, 916-393-8387, jsmith@vetsresource.org
December 14, 2018	Meeting w/ Speaker	TBD	TBD	<i>Open - Possible topic: CSUS Professor on Environment or UCD MIND on Autism/Neuro Research</i>
December 21, 2018				No Meeting
January 4, 2019	Speaker + Business agenda	Karen Smith, Project Selection	to be confirmed	Grant Awarded Recipients ** Karen wants to switch for a date later in the year
January 18, 2019	Live Your Dream	LYD Ctte	confirmed	Live Your Dream Award Luncheon
February 1, 2019	Speaker + Business agenda	Dawn/ Donna/TBD	to be confirmed	Hold for FBI or Eating Disorders
February 15, 2019	Meeting w/ Speaker	Debbie	confirmed	Daniel Hahn, Sacramento Police Chief
March 1, 2019	Speaker + Business agenda	Karen S/Nancy	confirmed	Rachel Minnik, CEO, Reading Partners Program
March 15, 2019	Meeting w/ Speaker	Elizabeth/TBD	confirmed	Anti Bullying, Safe School Ambassadors Program, Erica Vogel, erica@community-matters.org and JPA rep
April 5, 2019	Speaker + Business agenda	Nancy	confirmed	Paul Helman, Railroad Museum- History, Wives of the Big Four
April 12, 2018	Scholarship Lunch	Scholarship Ctte	confirmed	Scholarship Award Luncheon
April 19, 2019				No Meeting
May 3, 2019	Speaker + Business agenda	Maggie	to be confirmed	Speaker TBD, Chocolate Fish Coffee Roaster or ** Karen Smith - Grant Recipients
May 17, 2019	Meeting w/ Speaker	Elizabeth/TBD	to be confirmed	Opioid Addiction - Speaker TBD (Dr. Fishman, UCDMC Pain Center, or Kaiser)
June 7, 2019	Bus Meeting w/ Committee Sign Up	Jennifer Willis	confirmed	Committee Placement Sign Ups by Incoming 1st VP
June 14, 2019	Celebrating Success	Sarah (and team)	confirmed	Year End Review Mtg - President's Celebration
Week of June 17, 2019 TBD	Installation	Installation Committee	to be confirmed	