



SOROPTIMIST  
Best for Women

## Soroptimist International Sacramento Newsletter March 2019

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### President's Corner

Submitted by President Sarah Lee

Another successful Crab Fiesta is on the books! Each year, I am in awe at how all the many details required to make this event successful come together. It takes so many hours of preparation and planning, as do our other major fundraisers, The Edible Garden Tour and See's Candy sales. Our fundraisers are an excellent opportunity to connect with our community and that was very visible as I looked out at the hundreds of smiling faces at the Crab Fiesta.



Their success will be tied to the enthusiasm of our membership to support them, financially and with volunteer hours. We've been blessed by members who have agreed to Chair these fundraisers repeatedly, however, new ideas and new leadership can be healthy and invigorating. It's also healthy for members to have a break from Chair positions so we can avoid burning out our fellow Soroptimists.

When you receive this survey, please be honest. The survey is anonymous. Your honest response will help us plan for the future.

In Gratitude,

Sarah Lee

As we evaluate the success and the future of these fundraisers, please expect a Survey Monkey email with a few, short questions relating to your individual commitment to our fundraisers moving forward.

# S.O.L.T.

Article By Membership Committee

## Soroptimist International of Sacramento

### A Happy and Proud Club.

#### Part #1

We were chartered in March, 1923 and we have been going strong ever since. We were the 5<sup>th</sup> club to be established in the world, preceded only by Oakland, San Francisco, Los Angeles, and Washington D.C. Now, we are the 4<sup>th</sup> oldest **surviving** club in the world.

Through the decades, we have constantly contributed to improve the lives of women and children, in this community.

In the very early years, we funded milk stations for the needy, funded services for tuberculosis patients, and for a lighter touch we purchased musical instruments for the Lincoln school orchestra.

During the World War II years, we assisted the American Red Cross, and the U.S.O. We bought War Bonds in excess of \$30,000. We furnished a rest and recreation room at McClellan Air force Base for the WACS, the woman's arm of the Air Force. During those years, we also donated to Fairhaven Home for unwed mothers, funded a psychiatrist at Sacramento Children's Receiving Home, and purchased a station wagon for the Easter Seal Society.

In the 50's and 60's, we funded another station wagon for Easter Seals, we bought a state of the art resuscitator for the Fire Dept., contributed funds for Fairy Tale town, The Pirate Ship; and helped fund KVIE Channel 6 getting started. We also got very involved with the Camellia Festival and started Camellia Cheer up day at nursing homes. More musical instruments were provided to Lincoln School.

In the 60's & 70's, SIS had grown to be the largest club in the world with 150 members. We wish we were there now!!!! We funded heart research at Sutter Memorial Hospital, we hosted Foreign Exchange Students, we provided the funds to build the Old School House Museum in Old Sacramento; we

helped fund the Aquarian Effort for drug rehabilitation; we shipped 9,000 pounds of clothing to Native American Indians in New Mexico; and we purchased a kidney machine for Sutter Memorial Hospital and Braille machines for the blind. We expanded our Camellia festival activities, held our famous Cadillac diner dances, where a lucky winner was awarded a new Cadillac. We help fund the Spacerium at the Sacramento Science Center, the Salvation Army gymnasium and the newly founded W.E.A.V.E. safe house.

In the 90's, our Green Team helped clean up the American River Parkway, We held our famous St. Nickolas Fairs to raise more money for the Family Support Agency, Sierra Adoption Agency, Child and Family Institute at Mustard Seed School for homeless kids; and we furnished classrooms at the New Helvetia-River Oaks Housing center and the Sacramento Youth Hostel. We did all this while continuing to award Scholarships to deserving college students and the Women's Opportunity Award (WOA) to at-risk female heads of household trying to advance their education for a better economic situation, and the Violet Richardson Award to deserving high school girls in recognition of their volunteer service.

**More club history to be continued next month.**



## Aunt Bonnie on Tea

By Bonnie Coleman

I come from a land where one might have coffee for breakfast but every other time and/or event was accompanied by tea. Less so now I believe, since Starbucks has invaded everywhere, but certainly when we lived there and for years after. Good news, bad news, everything was washed down with tea.

My Mother truly believed that we got superior tea and second rate coffee while the US got inferior tea and first rate coffee. In all the years they lived down here my folks never bought an American teabag. But everything we received from family at Home came packed in teabags. Mom may have been correct or it may have been the differences in preparation.



Here “tea” can be anything: black tea, green tea, herbal tea. It is brewed so weakly that it hardly matters; it all tastes much alike and it looks like it was just mown in the back yard. There the pot is scalded, the tea, loose or bagged, goes in the pot and water is poured over when it is just off the boil. The pot sits on the stove until the tea is steeped to a nice mahogany color. Then usually it’s cut with a nice dollop of milk or cream. They aren’t fussy about a cup and saucer versus a mug usually, but you just can’t hang a bag in a mug of tepid water and call it “tea”. Real tea warms you up better on a cold day; it gives you a moment to absorb shocking news; it goes with secrets and good books; it’s restorative and comforting.

I suppose that is why my Mom made me a cup of tea whenever I was sick. Sadly, I connected tea with being sick and therefore denied myself many cups of tea during the years. Finally, long after I was grown

and gone, I returned to the fold and learned to enjoy a nice cup of tea. (That’s usually a four word noun nice-cup-of-tea). I don’t remember when I got over my bias, probably on one of the trips Home when I old enough to be offered tea and I didn’t want to offend my aunties by turning it down. Later I started looking forward to a nice cup of tea at my folks’ house.

When my Mom was older I discovered the East Coast catalog and imported King Cole tea, her favorite New Brunswick brand. Now, when I think about her or need a minute to gather my thoughts I have a cup of tea. I just did.



## Wear your Name Badge And Have a Chance to Win a Prize

Submitted by Nancy Wolford-Landers

**Don’t Forget** - wear your name badge to all the Soroptimist Club meetings and you will have a chance to win a prize at each meeting.

Each person who is wearing their name badge at the meeting get a chance to win a prize at that meeting. We want everyone to be able to put names and faces together. With new members joining us this year, we want them to know who we are and for us to know who they are. Name badges can help us do that. See you at the next meeting with your name badge on. Thank you for cooperating.



will  
raffle

**And a Good Time was had by ALL!!!  
Another successful fundraiser!**



Soroptimist, Emcee & Auctioneer Kelly Ryan with the amazing Ms. Georgia Presnell, who's been a Soroptimist for nearly 45 years, is still VERY active, and will be turning an unbelievable 100 years old in June — at [Annunciation Greek Orthodox Church](#).



A delicious german chocolate cake from [Freeport Bakery](#) about to be devoured by the lucky dessert auction winners





Soroptimists Sarah Lee and Hyrum Gray enjoying the event with their guests.



**Thanks to our CEO Partner!**



## **Stay Connected!**

Submitted by Website Committee

Please be sure to visit our website at SoroptimistSacramento.com for announcements, club calendar, speaker info, and more. Members also have access to exclusive content, such as the member roster



and club bylaws, through the Member Log-In in the upper right corner. If you've never logged in before or need assistance, you can use the "Contact Us" form on the website or send an email to Lisa Bartoe, Website Committee Chair, at [LJBartoe@yahoo.com](mailto:LJBartoe@yahoo.com).

If you're a Facebook user, you can find us on Facebook by searching for @SacSoroptimist, or visit our website SoroptimistSacramento.com and click the "Connect With Us" button in the bottom right corner of our home page. Once you find us, be sure to click "Like" to like and follow our posts.

Committee Chairs and others who have something to submit for the website or Facebook can contact Lisa Bartoe, Website Committee Chair, at [LJBartoe@yahoo.com](mailto:LJBartoe@yahoo.com).

## 2018-2019

### Soroptimist Offers Scholarships (SOS) and Donations

Idelle Claypool  
Janet Galliani  
Nancy Wolford-Landers  
Mary Kobane  
Carol Adams  
Bonnie Coleman  
Barbara Coulam  
Jennifer Willis  
Barbara J. Nash  
Nilda Valmores  
Eva Garcia

Linda Byrne in Memory of Margaret Price,  
Idelle's sister-in-law \$50  
Elaine Pesce donated \$200 to our Crab Fiesta

### Board Action Items – by electronic vote

- 1) minutes of 1/29/19 board meeting  
unanimously approved
- 2) financial reports unanimously approved
- 3) Recommendation from finance committee  
to Transfer \$1,000 in service budget from  
SNR Dress a Girl project to SNR DIBI program  
was unanimously approved
- 4) Appointment of Debbie Rubens as the  
Board's representative on the nominating  
committee was unanimously approved
- 5) Discussion regarding SIS fundraisers  
culminated in no specific action taken.  
President Sarah will send out a Survey  
Monkey and further discussions will be held  
at membership meetings.



### Officers and Board of Directors 2018-2019

President – Sarah Lee  
First Vice President – Elizabeth Payette  
Second Vice President – Jennifer Willis  
Recording Secretary – Nancy Wolford-Landers  
Corresponding Secretary – Regina Boyland  
Treasurer – Kathy Platz  
Assistant Treasurer – Phyllis Moist  
Board of Directors  
Carol Adams  
Idelle Claypool  
Kristy Fitzgerald  
Lisa Bartoe  
Glorian Martinelli  
Parliamentarian (appointed) – Debbie Rubens

### March Soroptimists!



### Happy Birthday

Lisa Bartoe  
Kristy Fitzgerald

March 16  
March 16

**SIS Program Schedule for  
2018-2019**

**Club Meetings will be held at Shriner's Hospital unless noted at Marriott**

**Meetings: 1<sup>st</sup> and 3<sup>rd</sup> Friday from 11:30-12:45**

**Socials: Planned by Hospitality Committee**

**Tentative Agenda**

|                           |                                   |                        |                 |  |
|---------------------------|-----------------------------------|------------------------|-----------------|--|
| March 1, 2019             | Speaker + Business agenda         | Karen S/Nancy          | confirmed       | Rachel Minnik, CEO, Reading Partners Program   |
| March 15, 2019            | Meeting w/ Speaker                | Elizabeth/TBD          | confirmed       | Anti Bullying, Safe School Ambassadors Program, Erica Vogel, erica@community-matters.org and JPA rep |
| April 5, 2019             | Speaker + Business agenda         | Nancy                  | confirmed       | Paul Helman, Railroad Museum- History, Wives of the Big Four   |
| April 12, 2018            | Scholarship Lunch                 | Scholarship Ctte       | confirmed       | Scholarship Award Luncheon   |
| <b>April 19, 2019</b>     |                                   |                        |                 | <b>No Meeting</b>  |
| May 3, 2019               | Speaker + Business agenda         | Donna K                | to be confirmed | Laura Kester, MD, Eating Disorders (Youth)   |
| May 17, 2019              | Meeting w/ Speaker                | Donna K                | to be confirmed | Joan Werblum, Sacramento Coalition for Chronic Care  |
| June 7, 2019              | Bus Meeting w/ Committee Sign Up  | Jennifer Willis        | confirmed       | Committee Placement Sign Ups by Incoming 1st VP  |
| June 14, 2019             | Celebrating Success Business Mtg. | Sarah (and team)       | confirmed       | Year End Review Mtg - President's Celebration  |
| Week of June 17, 2019 TBD | Installation                      | Installation Committee | to be confirmed |  |



## Our Next Mixer

### URBAN ROOTS BREWERY & SMOKEHOUSE

**When:** Wednesday, March 20th, 2019 from 6pm to 8pm

**Where:** Urban Roots Brewery & Smokehouse (in the Private Barrel Room)

1322 V Street, Sacramento, CA 95818

**Cost:** \$20 per person, includes one House Beer or Glass of Wine and Appetizers (Grand Master Platters will be served – something for everyone!).

This is the perfect opportunity to invite a potential member so they can get to know the group a little better . . . and hey! We can get to know each other a little better too. Please RSVP to Sarah Lee: [slee@teamvitek.com](mailto:slee@teamvitek.com) by March 15<sup>th</sup>. For more information on Urban Roots: [www.urbanrootsbrewing.com](http://www.urbanrootsbrewing.com)



## ACFP COMMUNITY GATHERING AND OPEN HOUSE

SATURDAY, MARCH 9TH ~ 11:00AM TO 3:00PM

### INTERNATIONAL WOMEN'S DAY SPEAKERS SERIES

## HOW ARE THE WOMEN & GIRLS OF SACRAMENTO COUNTY?

A COMMUNITY FORUM

JOIN US FOR A LISTENING SESSION on the STATUS WOMEN AND GIRLS in Sac County, Black, Brown, LGBTQ, Old and Young. USE your VOICE, BE HEARD, MAKE A DIFFERENCE. Let leaders know how your lives are and what is need to make changes for all of us! 1:30PM-2:30PM

About Sacramento for Women and Girls:  
We are a local grassroots movement working to establish a Commission on the Status of Women and Girls in Sacramento County. Women's commissions exist to promote equality and well-being for women and girls economically, socially, and politically.



International  
Women's Day



11:00 AM to 3:00 PM  
3841 4th Avenue, Sacramento  
[@acommunityforpeace.org](https://www.acommunityforpeace.org)



### WOMEN'S LIVES ARE SACRED

REVEREND ELAINE M. WHITEFEATHER  
EXECUTIVE DIRECTOR OF A COMMUNITY  
FOR PEACE, SPEAKER, AUTHOR,  
SURVIVOR, AND ADVOCATE



### FROM PAIN TO POWER

RUTHIE BOLTON, TWO-TIME GOLD  
OLYMPIAN AND FORMER WNBA  
SACRAMENTO MONARCH,  
ADVOCATE AND SURVIVOR