

Soroptimist International Sacramento Newsletter February 2019

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President's Corner

Submitted by President Sarah Lee

At every Friday luncheon, I am reminded how blessed we are to be welcomed by Shriner's Children's Hospital. Having been on the committee that searched for a new location for our Friday luncheons, I know how challenging it was to find a location that could accommodate our size, our price point and our dietary requests. When our meetings were reduced from every Friday to two Fridays per month, Shriner's became an option and we have been reaping the benefits ever since!



When we first made the move, I should have shared in more detail how we benefit from meeting at Shriner's and also how Shriner's differs from a

traditional restaurant. I want to take the opportunity to make those distinctions now.

- Shriners never charges us for a minimum number of guests. In the past, we always had to pay for a minimum of 20 lunches even if less than 20 were served. We didn't always have 20 members attend and we lost money as an organization on those lunches. All other locations we researched also required a minimum. It's nice to know we don't have that penalty at Shriner's.
- The meal is always ready for us on time. There has never been a delay in service of the food.
- This allows us to begin our meetings on time and allows our speakers ample time to present. In the past, delay in service often delayed our meetings.
- The rooms available to us at Shriner's, both the Board Room and the Auditorium, have

ample space for our members, our guests and any presentation tables we have needed.

- For only \$20 per week, we receive a quality meal. I have heard many compliments on the food served at Shriner's. In our search last year, we couldn't come close to this price point for this quality of food.

In our appreciation of these benefits, we want to make sure we continue to be considerate guests at Shriner's. In my observation, we have some room for improvement in this area. I take responsibility for not sharing these details at the beginning of the year. I hope they are well received now and in the spirit intended.

- Shriner's is not a for-profit restaurant. They provide our lunches through catering. As such, they need to place their food order on Tuesdays at 1pm. **We must have our RSVPs in by Tuesday mornings.** Late RSVPs puts a lot of stress on the staff. If you RSVP after Tuesday morning, we would love for you to join us but we cannot guarantee you a meal.
- **Please order all of your food and drink (including tea and coffee) by Tuesday morning.** Again, Shriner's is not a restaurant so they do not have waiters who wait on us. Making special requests on Fridays requires our fellow member, Debbie, or her assistant (who also isn't our waiter) to scramble for these items last minute.
- If you have a Dietary Restriction, Shriner's has been very accommodating. The RSVP link has a place to indicate your restriction. However, we cannot expect to order specific items. **Please do not make requests for specific items that are not on the menu for that week.**
- **Finally, let's please clean up after ourselves.** There are bus bins provided. Please clear your plates, cups, flatware and garbage before you leave.

Let me know if you have any questions. I look forward to a mutually beneficial relationship between SIS and Shriner's. *I want to close with a note of sincere appreciation to Debbie Rubens and her assistant, who put in a lot of effort to make our luncheons a success each week. Thank you!*

In Gratitude,

Sarah Lee

March 15th Guest Speaker **Mary Hotaling, Development** **& Marketing Manager for Community** **Matter's Safe School Ambassador Program**



Community Matters' mission is to wake up the courage of students and adults to create schools and communities that are welcoming, safe and inclusive. Our flagship program is the [Safe School Ambassadors \(SSA\) program](#). It is an evidence-based, student-centered program that empowers leaders from the diverse student groups and cliques on campus and equips them with nonviolent communication and intervention skills to stop bullying, cyber-bullying and mistreatment among their peers. It promotes positive peer-to-peer and adult-to-peer relationships, increases school safety, and improves school climate. A positive school climate and school connectedness has been proven to be important factors in a healthy and thriving campus. We offer programs for Elementary, Middle and High School grades. Here is a link to a brief video from our website outlining the Program from the voice of the students and staff: <http://community-matters.org/news-and-media/watch/introduction-to-ssa-middle-school> SSA program gives students tools they will continue to

utilize and share throughout the remainder of their academic career.

In Sacramento, we are active in roughly half of the schools – a few are Luther Burbank High School, Rosa Parks Middle School, Will C. Wood Middle School and David Reese Elementary School. We would love to present and see if your Soroptimist sisters resonate with our mission and work – any support for the work we do is so appreciated!

S.O.L.T

February 2019

By Membership Committee

SOROPTIMST – THE BEGINNING

Soroptimist was started in 1921 by **Stuart Morrow – a Professional organizer** who called on **Adelaide Goddard – president of the Parker-Goddard Secretarial School**, in Oakland, who responded, “When men admit women as members of service clubs, I would be interested”.

They held a preliminary meeting on Tuesday May 31st at 4:00 p.m. in the Rose Room of the Hotel Oakland. The Articles of Incorporation were filed by Mr. Morrow in Sacramento, Ca. July 1, 1921. They specified that Mr. Morrow named himself the Originator, the Founder and the General Manager, and his rights included 90% of the voting power, the property rights and interest in the corporation.

The Soroptimist Charter specified that it be a “classified” service club and it included: a skin and scalp specialist, a corset maker, a piano teacher, an optometrist, a physical education teacher and a real estate agent among others. The club met weekly and had speakers.

The First Year – Service was the Key word for Soroptimist: “Save the Redwoods”; Heating Plant in the Rescue Home; Vocational Guide for the YMCA; and, Care for Destitute Families at Christmas. The club **Constitution and Bylaws** were accepted November 21, 1921.

Club Chartering continued – 1922 – San Francisco, Los Angeles, Washington D.C.

1923 – Sacramento

1924 – London, Paris

Conferences

1926 – Ten West Coast Clubs meet to discuss: Need for a federation; International Nature of the Organization; ***Desire to OWN the name Soroptimist*** .

1927 – in Vancouver, BC - Established geographical divisions; Were considered the “International Federation of Soroptimist Clubs”

Ownership

1927 – Stuart Morrow accepted \$5,500 for the surrender of his rights and title and interest in the Soroptimist Clubs. Eight Western U.S. clubs underwrite the purchase – Alameda County, San Francisco, San Jose, Portland, Seattle, Spokane, Los Angeles & **Sacramento**.

1928 – American Federation of Soroptimist Clubs formed in Washington D.C.

And that is the Beginning of our Story

Past President’s Luncheon



A time-honored tradition! On January 12th, our club held its annual Past President's Luncheon to recognize and celebrate the contributions of our club leaders. Pictured L to R with year of presidency: Debbie Rubens 2018; Patricia Canterbury 2000; Candy Holland 1989; Janet Galliani 2011; Barbara Coulam 1991; Dawn Cornelius 2008; Georgia Presnell 1982; Susann Hadler 2001; Bonnie Coleman 2005; Kathy Platz 2006; Nancy Wolford-Landers 1996; Paula Wright 2010; Mary Locke 2012; and host Mary Kobane.”

Aunt Bonnie Welcomes the New Year By Bonnie Coleman

The New Year rang in at Chez Bonnie with my trusty computer dying. The Apple folk explained that it was Jurassic by computer standards and should just be left to return to the pile of metal filings from which it sprung. After a day of buying, a day of transferring data at Mobile Kangaroo (no they don't come to you; the name is apparently ironic). At mid-month I celebrated my birthday with the TV and possibly the DVR, dying.



Plus, I meet any task I can imagine with enough ennui to whither my nascent ambition. After 5 years of external deadlines and requirements I am free. Free to meet every possible activity with a petulant "I do'n wanna"

Now that I am old and frail, or at least several of my body parts are complaining loudly after the abuse I subjected them to all last year, I decided to take my own advice and hire some help. I got recommendations from our neighborhood e-magazine and made some calls. I now have two lovely people to help me on the house inside and outside. It appears that I work well to a deadline because just the thought of them being scheduled for the next day sends me into a frenzy of tidying beyond anything I threatened myself with before now.

I thought I needed once a month help. I was right about outside; apparently really wrong about inside. Can't say I was proud of her evaluation of my housekeeping skills but she insisted on twice a month. I'm not certain who the beneficiary of the twice monthly is but it looks nice and I can move on to other projects.

In the five years or so that my Mom needed increasing help, I accumulated quite a list of deferred

maintenance projects. First off, a small dwelling with a successful hunter/gatherer requires annual purging or it resembles a hoarders dream. As I may have mentioned before, I am totally out of "away", as in "I'll put these things away now and rest easy." I am choking on my own success (or excess). Then there is the mind-dumbing decisions of what to keep and what to purge...is it too worn, too small (ugh), too large (hah!), or does it look like it popped out of the Wayback machine? (Mr. Peabody anybody?)

By my calculations 5 years of deferred maintenance + 2 years creeping excess + carry the guilt - periodic mindless potlatch ceremonies x exhausted enthusiasm = yes, yes, in another 7-8 years I should be back where I started - that is if I ever get started. Huzzah! Huzzah!

Wear your Name Badge And Have a Chance to Win a Prize Submitted by Nancy Wolford-Landers

Don't Forget - wear your name badge to all the Soroptimist Club meetings and you will have a chance to win a prize at each meeting.

Each person who is wearing their name badge at the meeting get a chance to win a prize at that meeting. We want everyone to be able to put names and faces together. With new members joining us this year, we want them to know who we are and for us to know who they are. Name badges can help us do that. See you at the next meeting with your name badge on. Thank you for cooperating.



will
raffle

Thanks to our CEO Partner!



Stay Connected!

Submitted by Website Committee

Please be sure to visit our website at SoroptimistSacramento.com for announcements, club calendar, speaker info, and more. Members also have access to exclusive content, such as the member roster



and club bylaws, through the Member Log-In in the upper right corner. If you've never logged in before or need assistance, you can use the "Contact Us" form on the website or send an email to Lisa Bartoe, Website Committee Chair, at LJBartoe@yahoo.com.

If you're a Facebook user, you can find us on Facebook by searching for @SacSoroptimist, or visit our website SoroptimistSacramento.com and click the "Connect With Us" button in the bottom right corner of our home page. Once you find us, be sure to click "Like" to like and follow our posts.

Committee Chairs and others who have something to submit for the website or Facebook can contact Lisa Bartoe, Website Committee Chair, at LJBartoe@yahoo.com.

Live Your Dream Award Winners



Akenese Luluga
Priscilla Gonzalez
Nicole Openshaw

2018-2019

Soroptimist Offers Scholarships (SOS) and Donations

Idelle Claypool
Janet Galliani
Nancy Wolford-Landers
Mary Kobane
Carol Adams
Bonnie Coleman
Barbara Coulam
Jennifer Willis
Barbara J. Nash
Nilda Valmores
Eva Garcia

Linda Byrne in Memory of Margaret Price,
Idelle's sister-in-law \$50
Elaine Pesce donated \$200 to our Crab Fiesta

Board Action Items –

- Approval of the minutes and the Treasurer's report.
- Approval of the Membership application for Toni Kalpakoff.



Officers and Board of Directors 2018-2019

President – Sarah Lee
First Vice President – Elizabeth Payette
Second Vice President – Jennifer Willis
Recording Secretary – Nancy Wolford-Landers
Corresponding Secretary – Regina Boyland
Treasurer – Kathy Platz
Assistant Treasurer – Phyllis Moist
Board of Directors
Carol Adams
Idelle Claypool
Kristy Fitzgerald
Lisa Bartoe
Glorian Martinelli
Parliamentarian (appointed) – Debbie Rubens

February Soroptimists!



Happy Birthday

Glorian Martinelli
Carol Adams
Mary Locke

February 8

February 19

February 25

**SIS Program Schedule for
2018-2019**

Club Meetings will be held at Shriner's Hospital unless noted at Marriott

Meetings: 1st and 3rd Friday from 11:30-12:45

Socials: Planned by Hospitality Committee

Tentative Agenda

February 1, 2019	Speaker + Business agenda	Dawn	confirmed	FBI - Cyber Crime
February 15, 2019	Meeting w/ Speaker	Debbie	confirmed	Daniel Hahn, Sacramento Police Chief
March 1, 2019	Speaker + Business agenda	Karen S/Nancy	confirmed	Rachel Minnik, CEO, Reading Partners Program
March 15, 2019	Meeting w/ Speaker	Elizabeth/TBD	confirmed	Anti Bullying, Safe School Ambassadors Program, Erica Vogel, erica@community-matters.org and JPA rep
April 5, 2019	Speaker + Business agenda	Nancy	confirmed	Paul Helman, Railroad Museum- History, Wives of the Big Four
April 12, 2018	Scholarship Lunch	Scholarship Ctte	confirmed	Scholarship Award Luncheon
April 19, 2019				No Meeting
May 3, 2019	Speaker + Business agenda	Donna K	to be confirmed	Laura Kester, MD, Eating Disorders (Youth)
May 17, 2019	Meeting w/ Speaker	Donna K	to be confirmed	Joan Werblum, Sacramento Coalition for Chronic Care
June 7, 2019	Bus Meeting w/ Committee Sign Up	Jennifer Willis	confirmed	Committee Placement Sign Ups by Incoming 1st VP
June 14, 2019	Celebrating Success Business Mtg.	Sarah (and team)	confirmed	Year End Review Mtg - President's Celebration
Week of June 17, 2019 TBD	Installation	Installation Committee	to be confirmed	

Crab Fiesta 2019

*All you can eat crab pasta dinner supporting
Soroptimist International of Sacramento, Inc.*



\$60.00 Per Person

Silent, Live & Dessert Auctions
Golden Raffle

When: Saturday, March 2, 2019

Time: 6 p.m. Cocktails and Silent Auction
(Please, no outside alcohol)

7 p.m. Dinner

Where: Annunciation Greek Orthodox Church Ballroom
616 Alhambra Blvd.
Sacramento, CA 95816

Purchase tickets online at www.CrabFiestaSac.org

***Presented by Soroptimist International of Sacramento, Inc.
www.soroptimistsacramento.org***



Funds raised at this event will be used to improve the lives of women and girls through programs leading to social and economic empowerment. A portion of this ticket (\$20) may be considered a donation.