



## Soroptimist International Sacramento Newsletter December 2018

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### President's Corner

Submitted by President Sarah Lee

The Holiday Season is upon us and our See's Candy store is in full swing. I have had the opportunity to work two shifts already and I am pleasantly reminded of the connections that are strengthened and nurtured when Soroptimists serve alongside one another. Whether it's serving at the Edible Garden Tour as docents, working the See's Store shifts together or the countless volunteer opportunities during our Crab Fiesta, our membership in SIS often leads to friendship. This week, I have been blessed to learn more about fellow Soroptimists that I have known for almost four years.

I wanted to encourage all of you to take this "work" as opportunities to strengthen our organization. The foundation of any organization is made up of individual building blocks. We, the members, are the individual building blocks and these hours we spend serving together are the glue that hold the blocks together. We are not

just raising money in these moments; we are contributing to the legacy of this club. Our legacy is me and you, not just the money we raise and send back into the community.



Please embrace these opportunities. When we show up with the mindset that we are doing MORE than raising money, we are elevating the organization as we support each other. We are equipped to better support each other when we know each other better. I am looking forward to my next "support shift" with one of you!

In Gratitude,

Sarah Lee

## **Guest Speakers – December 7, 2018**

The December 7<sup>th</sup> luncheon's topic is on Women Veteran's Issues. Our speakers will be Jackie Kirkwood from Women's Veterans Alliance and Jade Smith from Sac Veteran's Resource Center.

Jackie Kirkwood is the Vice President of Operations at the Goodwin-Cole Company. Before this role, she worked at the Children's Receiving Home of Sacramento and served in the Marine Corps. While serving in the Marine Corps Jackie held a wide range of leadership positions from commanding over 1500 personnel to individual efforts in key leadership responsibilities that include over 8 years' experience in senior logistics operations (supply chain, acquisitions, transportation and maintenance management) management; over 4 years in recruiting & marketing; over 4 years of curriculum development and instruction and 8 years in senior human resource management. She is currently the President of Women Veterans Giving.

Jade Smith is the SSVF case manager serving homeless veterans at Sacramento Veteran's Resource Center. She works for the Sacramento Veteran's resource center, a non-profit organization providing a plethora of services to veterans. Their main focus is on housing programs for homeless veterans. Jade manages the supportive services for veterans and their families program. This program assists veterans financially with rent, rental arrears, deposits, home goods, utility bills and much more. The program is designed to help the veterans to become self-sufficient by using the housing first model that focuses housing clients before working on other barriers such as credit, employment, and applying for benefits.



**Jade Smith**



**Jackie Kirkland**

## Induction of New Members: Hyrum Gray and Linda Roberts



## SAVE THE DATE!

The 2019 Crab Fiesta will be held on Saturday, **MARCH 2, 2019**, at the Greek Church of the Annunciation, 616 Alhambra Boulevard, Sacramento. Be prepared for an evening of fun as well as a delicious antipasto salad, crab and pasta dinner. Tickets will be \$60 with round tables accommodating 8 guests. **TICKETS WILL BE AVAILABLE SOON!** Look for details on Priority Tables.

I am looking for some amazing prizes so that we can again have Golden Tickets and a Live Auction. The Live Auction is a significant



part of this fundraiser - last year's Golden Ticket sales and Live Auction generated around \$12,000. I know we all love to give money away to worthy causes, but that cannot happen without our fundraising events. Please contact me via Email or at 916-606-2546 and let me know what Live Auction items you may be able to contribute.

We are so lucky to have Lisa Bartoe chairing the Silent Auction again this year. She did an incredible job putting together the donated silent auction items that generated close to \$7,000 last year. Start putting aside items for the Silent Auction, and look for a fillable PDF Donation Form to be coming your way soon.

Thank you to all who contributed last year and I look forward to your continued support for the 2019 Crab Fiesta!!

Rosalie Gladden  
Chair, 2019 Crab Fiesta  
(916) 606-2546

## Wear your Name Badge And Have a Chance to Win a Prize Submitted by Nancy Wolford-Landers

**Don't Forget** - wear your name badge to all the Soroptimist Club meetings and you will have a chance to win a prize at each meeting.

Each person who is wearing their name badge at the meeting get a chance to win a prize at that meeting. We want everyone to be able to put names and faces together. With new members joining us this year, we want them to know who we are and for us to know who they are. Name badges can help us do that. See you at the next meeting with your name badge on. Thank you for cooperating.



will  
raffle

## Thanks to our CEO Partner!



### S.O.L.T - Leadership Tip: Best Practices for Emailing Club Members

Submitted by the Membership Committee

There are many ways to relay messages and information with members in your club or region. You might call or text them if you don't see them in person. Chances are though; you fall back on one tried and true method of communication: email.

In a world where there are many technology options to communicate, email remains extremely popular. It's estimated that BILLIONS of emails are sent every day. Email is a great way to reach every member in your club or to send important documents to your Board. However, without the benefit of face-to-face contact, the intent of our meaning has a greater chance of being skewed.

In order to enhance your communication skills and make sure your message is successfully received; consider a few tips from *The Business Etiquette Bible* by Scott Steinberg:

- Tone, context and subtle nuances can be lost in translation. Take time to reread what you are about to send. Is it possible that innocent question or statement could be misunderstood? Might it be misread and cause hurt feelings? Consider picking up the phone if these questions raise a red flag.



- Be mindful of your words. While it is possible to "recall" some emails once they are sent, most likely when you hit send, the email is gone for good. What you've said can't be undone and will be sent to the recipients and anyone you've copied.
- Always think "ANYONE could read this email." Ask yourself if you would be "OK" if someone you cared about read your email. Think about saying the words of your email in public. Because email can be forwarded, it's possible your words could make their way around your club and any inappropriate comments may reflect negatively on your character.
- Check the "To" and "CC" lines. Take notice that you have typed in the correct recipients. Sometimes, emails will automatically populate email address that you frequently use. If you aren't careful, you could be sending an email to the wrong person. You may want your email to go to Jane Smith, a member of your club but the system automatically populates your email to go to Jane Smalley, your business client.
- The subject line is important. Keep your subject directly related to what your email is about. For example, maybe you shared a recipe with your Board for a dessert you brought to the last meeting. Your treasurer replied "thanks" and you responded to that email titled: "RE: My Amazing Chocolate Cake Recipe" asking for the latest club budget report. The email may sit in your treasurer's inbox for a while because she thinks you are replying about the cake!



- Use “Reply All” sparingly. The “Reply All” button sends your message to everyone who has been copied on the email. Take a moment to consider if everyone needs your reply – especially if you are just saying, “Thank you for this information.” Remember, billions of emails are sent every day. Less is more!
- Be timely about responding to emails. Try to respond within a day you receive the email. If the email requires more than a quick reply, send an email back to the sender letting them know you will get back with them as soon as possible. Simply saying, “I’m under a deadline right now, but I’ll get back to you by Thursday,” is a courtesy that lets them know you’ve received their request.
- Take a vacation – you deserve it! But let the world know. Attending your region conference or the SIA Convention? Set up an automatic response for when you won’t be available. Let senders know that you are away from your computer and won’t be checking your email until \_\_\_\_\_ (date). This is another courtesy that lets senders know you aren’t ignoring them.

Email is a great way to deliver a unified message to your club quickly and share important information. You may find for certain types of communications, email may be the best way to communicate with members and these are just a few ways you can improve your email etiquette. Think about using the above tips to increase your email skills and model best practices.

You may find when you use email effectively; your club can complete projects more quickly and more successfully. As an added bonus, you will boost the club’s teamwork and members

will see the value of what they can accomplish together!

*Source:*

Etiquette Expert: The Right Way to Send Email in 2018:  
[https://parade.com/640069/scott\\_steinberg/etiquette-expert-the-right-way-to-send-email-in-2018/](https://parade.com/640069/scott_steinberg/etiquette-expert-the-right-way-to-send-email-in-2018/)

## **Aunt Bonnie Reports Back By Bonnie Coleman**

This is a first for Aunt Bonnie - a Two Parter. Well, I really don’t know how many parts this will run for - it depends entirely on the cat. First she is in the branch of cats called Orientals (not Asians as I first said) which is a word that apparently has more cache than prejudice when applied to cats. She also seems to have acquired a name. She was sort of named Dancer when we met; Dancer being an truncation of her registered name. I’ve been calling her little bit which has morphed into Lilibet, and seems to be sticking. It’s good to have a name.



She came home with me with the understanding that I would see that she got spayed by early November. A few days ago TD, aka Lilibet, made a sort of yodel/growl at me that made me think she might be coming into season again, which in turn made me sad that I still can’t touch her. She has never been in reach since that first fateful attempt. But she hasn’t made any noise again, so here’s hoping.

We get on well: she trots around the house like she owns it, I feed, water, scoop, treat, flail toys around, etc. as one does with a cat. I’m still not allowed near her. But I have perhaps found a workaround through her love of treats and her obsessive attachment to the feather-string-pole game. She follows the treats until she is right under my ankles and stays there unless I make a movement. She is so obsessed with the f-s-p

that she has actually jumped on and over my lap in her pursuit a couple of times. Again, assuming I made no movement. Paula insists that this is progress and so we mark that column as a win.

Although I still can't touch her, she sits and stares at me. I have tried to stare back but I must blink 9 times before she has to blink once. She's eerie that way. However if I do the slow-eye-blink cat greeting, she reciprocates so I put that in the progress column too. Now when I cajole her off the high shelf where the antique china lives she refuses to look at me for a while. I take this to mean I have violated the rules of our new closer relationship. She also walked up to me while I was idly drumming my fingers on the chair and slapped my hand. Hard! Getting no negative response from me she did it again 6 or 8 times. If anyone can interpret this please contact me. It's all pretty one-sided if you ask me.

This is not the relationship that I intended so I am motivated to press on. She likes turkey so she is motivated to let me try. People keep telling me that they remember now that they had similar woes when they first got their cat. Apparently, like childbirth, it is a pain that fades with time. I am still working on it and will let you know when she ever lets her guard down.

## **E-Mail from Wendy Haydon to Nancy Wolford-Landers (Nov. 3)**

All's going well - much to do. I am waiting for my release papers from my job with the US Army - my last day of work was Oct 22 and I have not missed it since, even though I loved what I did and who I worked with. Once I receive those papers, I will give back all of my military ID cards. My ability to drive here will then go away, as does all on-post privileges and the military PO Box is gone too. All I care about is getting back the ability to drive here. Am working on that - very complicated and time consuming - am hoping that the path that I have

been instructed to take (and have started) pans out.

I just received my Germany residence permit yesterday (and it was an undertaking, let me tell you!!)....I think it allows me to remain here 3 years without a visa. I must next complete a Germany Integration Course and improve my German to a certain level - it is between 660 and 960 hours of lessons, with tests, and of course costs money, but by American standards is very inexpensive. I need to first apply to an accredited school and they will test me to see how much I already know. I am no expert in this and have a lot to learn, so it's good that I am not working!

I am also in the throes of changing my banks, associations, organizations that had my military PO Box to my Germany address. All requires phone calls to the US.

Am also doing some volunteer work, babysit kids who I just adore, and have fun with Werner - we are going to Paris Nov 5-8 to go to the Gustav Klimt exhibit (google it, it looks like it will be spectacular)!!

I also intend to continue to sew dresses for Dress A Girl Around the World - I have been in contact with them and I am excited!!

But first....is the planning, cooking, and baking for Thanksgiving - we're inviting 20-25 people over and I love cooking the Haydon traditional dinner for them!! And Christmas cookie baking with some granddaughters on Dec 1!!



I miss very much you and my other Soroptimist friends and all you do. Our club does so much more for women and girls than two clubs that I have checked out here (which is why I am still a SIS member and want to stay involved).

We will be in Sacramento Jan 26 to Feb 19, so I am hoping to attend 1 or 2 SIS

meetings. As soon as my family tells me when our family will get together during that time, I can RSVP to some meetings!! I am wishing the Crab Feed was being held a bit sooner in the year so we could attend - darn!!

So, that's all! I hope all is going well for you and Odell. Looking forward to signing up with someone for the holiday gift giving..... and am thinking I may be able to also participate in the Valentine's gift giving when we are there!!

Hugs,  
Wendy

Here is new mailing address and phone number for Wendy. She no longer has the Military P.O. Box.

Jakob-Steffan-Strasse 14  
55122 Mainz, Germany  
Home ph # is 049-06131-381423

#### **Update from December 4**

We ended up having 19 friends and family here for Thanksgiving - I was the only American!! - and it turned out wonderful!!

Dec 1, we had our two granddaughters (ages 12 and 13) and the two little girls who I babysit (ages 6 and 8) over and we baked Christmas

cookies (frosted sugar cookies, spiced bear cookies, hot cocoa cookies, and made pretzel snowmen). It was such a fun day! Werner was so sweet - he brought out sliced apples and glasses of water for the girls to snack on, then we all ate pizza for dinner. He and I were helping the two younger girls - it was their first time baking - and they learned how to use a rolling pin and were quite creative!! The girls were very proud of what they made - it was wonderful to see the magic and sparkle in their eyes!!

My address as listed in the Soroptimist directory is correct - the information related to my work is incomplete and incorrect. And yes, I am enjoying retirement!!

I have met with the Volkshochschule (which seems to me to be like a junior college) about my German Integration Course. When I return from our trip to the US at the end of February, they will test my German language skills and determine how many courses I will need - she said my German was good so I may not need all 7 modules (so maybe less than the 660 hours!!). I consider that a compliment!!

That's all of my news for now - wishing you well, Janet!!

**2018-2019**

**Soroptimist Offers Scholarships (SOS) and Donations**

Idelle Claypool  
Janet Galliani  
Nancy Wolford-Landers  
Mary Kobane  
**Carol Adams**  
**Bonnie Coleman**  
**Barbara Coulam**  
**Jennifer Willis**  
**Barbara J. Nash**

**Board Action Items –**

- 1) Finance Committee motion to approve a one time transfer of \$1,000 from the Scholarship line item to a new line item in the Service Account of Dream It, Be It Scholarship. Motion approved unanimously.
- 2) New member application from the membership committee for Alice Jarboe was approved unanimously.
- 3) The Board just completed an electronic vote, approving our two Grant Recipients. We approved the Project Selection Committee's recommendation to award The Boys and Girls Club of Sacramento and Reading Partners each \$15,000.



**Officers and Board of Directors 2018-2019**

President – Sarah Lee  
First Vice President – Elizabeth Payette  
Second Vice President – Jennifer Willis  
Recording Secretary – Nancy Wolford-Landers  
Corresponding Secretary – Regina Boyland  
Treasurer – Kathy Platz  
Assistant Treasurer – Phyllis Moist  
Board of Directors  
Carol Adams  
Idelle Claypool  
Kristy Fitzgerald  
Lisa Bartoe  
Glorian Martinelli  
Parliamentarian (appointed) – Debbie Rubens

**December Soroptimists!**



**Happy Birthday**

Lauren Buchanan  
Karen Smith  
Kris Lea

December 12  
December 18  
December 26



# SIS Program Schedule for 2018-2019

**Club Meetings will be held at Shriner's Hospital unless noted at Marriott**

**Meetings: 1<sup>st</sup> and 3<sup>rd</sup> Friday from 11:30-12:45**

**Socials: Planned by Hospitality Committee**

## Tentative Agenda

December 7, 2018	Speaker + Business agenda	Dawn	confirmed	Women Veteran's Issues, Jackie Kirkwood, Women's Veterans Alliance, jackieusmc75@gmail.com 916-698-5022 AND Jade Smith, Sac Veteran's Resource Ctr, 916-393-8387, jsmith@vetsresource.org
December 14, 2018	Meeting w/ Speaker	TBD	TBD	<i>Open - Possible topic: CSUS Professor on Environment or UCD MIND on Autism/Neuro Research</i>
<b>December 21, 2018</b>				<b>No Meeting</b>
January 4, 2019	Speaker + Business agenda	Karen Smith, Project Selection	to be confirmed	Grant Awarded Recipients ** Karen wants to switch for a date later in the year
January 18, 2019	Live Your Dream	LYD Ctte	confirmed	Live Your Dream Award Luncheon
February 1, 2019	Speaker + Business agenda	Dawn/ Donna/TBD	to be confirmed	<b>Hold for FBI or Eating Disorders</b>
February 15, 2019	Meeting w/ Speaker	Debbie	confirmed	Daniel Hahn, Sacramento Police Chief
March 1, 2019	Speaker + Business agenda	Karen S/Nancy	confirmed	Rachel Minnik, CEO, Reading Partners Program
March 15, 2019	Meeting w/ Speaker	Elizabeth/TBD	confirmed	Anti Bullying, Safe School Ambassadors Program, Erica Vogel, erica@community-matters.org and JPA rep
April 5, 2019	Speaker + Business agenda	Nancy	confirmed	Paul Helman, Railroad Museum- History, Wives of the Big Four
April 12, 2018	Scholarship Lunch	Scholarship Ctte	confirmed	Scholarship Award Luncheon
<b>April 19, 2019</b>				<b>No Meeting</b>
May 3, 2019	Speaker + Business agenda	Maggie	to be confirmed	Speaker TBD, Chocolate Fish Coffee Roaster or ** Karen Smith - Grant Recipients
May 17, 2019	Meeting w/ Speaker	Elizabeth/TBD	to be confirmed	Opioid Addiction - Speaker TBD (Dr. Fishman, UCDMC Pain Center, or Kaiser)
June 7, 2019	Bus Meeting w/ Committee Sign Up	Jennifer Willis	confirmed	Committee Placement Sign Ups by Incoming 1st VP
June 14, 2019	Celebrating Success	Sarah (and team)	confirmed	Year End Review Mtg - President's Celebration
Week of June 17, 2019 TBD	Installation	Installation Committee	to be confirmed	