



## **Soroptimist International Sacramento Newsletter April 2019**

<b><u>Table of Contents</u></b>	<b><u>Page</u></b>
<b>President's Corner</b>	<b>1</b>
<b>SOLT</b>	<b>2</b>
<b>Aunt Bonnie</b>	<b>3</b>
<b>Wear Your Name Badge</b>	<b>3</b>
<b>CEO Partner</b>	<b>4</b>
<b>Stay Connected</b>	<b>4</b>

<b><u>Table of Contents</u></b>	<b><u>Page</u></b>
<b>"Wives of the Big 4"</b>	<b>4</b>
<b>SIS Mixer</b>	<b>5</b>
<b>New Member</b>	<b>6</b>
<b>SOS</b>	<b>7</b>
<b>Board Action Items</b>	<b>7</b>
<b>April Birthdays</b>	<b>8</b>
<b>Program Schedule</b>	<b>9</b>
<b>My Sister's House Gala</b>	<b>10</b>

### **President's Corner**

Submitted by President Sarah Lee

It's April, which means all of our Fundraising is behind us but there is still work ahead! We have the pleasant work of awarding our annual scholarships - which occurs this year at our April 12<sup>th</sup> luncheon. This is one of the most inspirational luncheons on our calendar and I hope to see many of you in attendance as we celebrate these deserving women.



In 1994, I was the recipient of a scholarship from Soroptimist International of Merced. I know firsthand what kind of impact these scholarships have and I'm so proud to call myself a Soroptimist today and be able to give back to the mission to improve the lives of women and girls.

We know that educated girls tend to enjoy better employment and incomes, have fewer children and

marry at a later age. As we celebrate with our scholarship recipients this month, keep in mind we have the opportunity to influence young women at an even earlier stage of their education- through the Dream It Be It program. This program offers mentorship many of these girls wouldn't otherwise have access to. Before a girl can be a young collegiate applying for our scholarships, they must first believe they can attend college. Your mentorship can make a difference but it requires something more precious than money, it requires your time.

I love the Soroptimist mission and every opportunity we're presented with to live it out. Looking forward to seeing you and your guests at the April 12<sup>th</sup> luncheon!

In Gratitude,

Sarah Lee

# S.O.L.T.

Article by Membership Committee

## Soroptimist International of Sacramento - A Happy and Proud Club Part #2 (See March Newsletter for Part #1)

Since the year 2000, Soroptimist International of Sacramento has continued with all its scholarship award activity, in addition to presenting the Women's Opportunity and Violet Richardson awards, giving out over \$10,000 a year in those education advancing awards. In the early 2000's the club donated \$25,000 to the Thomas P. Raley branch of the Boys and Girls club and gave over 2000 volunteer hours with the kids there. We donated money to remove land mines in Eastern Europe, and we underwrote 20 live performances of children's theatre for underfunded elementary schools in the area.

In 2005, 2006 and 2008 we held the Polo Extravaganza which raised over \$145,000 for our Soroptimist projects. Other more recent successful fundraisers have been our Edible Gardens Tours; See's Candy Sales at Christmas and our Crab Fiestas. We used much of the funds raised helping Foster Youth. We supported the Independent Living Program at Sacramento County, the Therapeutic Recreational Program at the Children's Home, the Mentoring Program at Wonder, Inc. The Guardian Scholars at C.S.U.S., the Foster Youth Programs at Lilliput Children's Services and at the Sacramento Children's Receiving Home.

We sent more than \$4,000 worth of Solar Cookers to the women in the refugee camps in Chad. We provided \$5,000 toward the rebuilding of the Clunie Community Center and \$6,000 to the building of a new safe house at My Sister's House for Domestic Violence survivors, as well as a \$10,000 contribution to My Sister's House Café to help the clients of My Sister's House be more self - supporting. We contributed \$15,000 to the Tubman House to provide housing and life skills training to mothers and their children escaping homelessness. We also awarded a \$15,000 grant to the incentive awards program at St. John's Program for Real Change, and a \$15,000 grant to the College Support Program at It Takes A Village for college attending former homeless mothers. Additional \$15,000 grants have been awarded to Reading Partners to continue reading mentoring

during the summer months to children reading below grade level, and a summer activity camp for teen aged girls at the Boys and Girls Club. These are just some of the programs with which we have been and continue to be involved.

Recently, the club voted to narrow our Mission Statement to match that of SIA. "To improve the lives of women and girls through programs leading to education and social and economic empowerment". Most of our support now goes to programs which provide services to underserved women and girls rather than community improvement in general. Our club has been stressing the Dream programs of SIA. The Women's Opportunity Award has been changed to the Live Your Dream Award, and currently we present \$6,000 in two awards each year. They have now become two-year awards to the women who are chosen from the field of applicants, in order to give them continuity of support. We have expanded the Dream It, Be It (DIBI) program to an annual series of classes to high school girls at a continuation alternative charter High School. We have added our own curriculum for the Money Matters Program to also teach the DIBI students how to manage their personal finances.

All of our club members are committed to the mission of Soroptimist and they work tirelessly to improve the lives of Women and Girls, both locally and around the world. The Sacramento community has benefitted greatly from the efforts and contributions of the past and present members of our club. **Soroptimist International of Sacramento has helped to vastly improve the quality of life in this community.**



## Aunt Bonnie on Fashion Trends

By Bonnie Coleman

Have you noticed that things that were fashionable to the tastes of those around the time of the “Boomers” are showing up again? The colors, patterns, and styles of the Summer of Love are returning. Except of course, underwear, which just got a) mandatory, b) smaller and c) more expensive. (Some of you Gen-Xers may amuse yourselves to look at us old boomers and try to imagine any of us in our old finery. Go



ahead, I won't mind.)

Aunt Bonnie had an aunt who used to say “If you wore it the first time around you can't wear it the second

time. Seemed like pretty good advice in the days of hot pants, micro-minis and several other outfits from my youth (or get-ups as my Father labeled them) that I couldn't see myself wearing when I got older. Aunt Bonnie saved some of hers, not so they could be revived but so if she got into a dispute about appropriate dress with someone in a future wave of children she would have evidence to keep her humble and open minded.

But retro has become so prominent now that I don't know what's still up for grabs. Paisley never really left but orange and pink did and not a minute too soon. You may feel the same way about other color combinations that were popular in the day such as avocado and harvest gold, or avocado and, well, almost anything else. The world was awash in avocado green. These were not good colors on Aunt Bonnie when she was young and have not improved as her skin lost whatever color it once had. Platform

soles were the rage, but turned her ankles so often (back in the day) that they sort of took themselves out of the running for her before their return. Capes never really got to be “in”, despite the determination of many designers and it didn't take Aunt Bonnie long to realize that her body in a cape resembled nothing so much as an open umbrella. And Granny Dresses, which looked so ironic when we were in school, seem all too appropriate now that Aunt Bonnie is into her dotage.

Bell bottoms seem to have moved along into the present without ever going away. They just laid low and became “flared leg” and no-one seemed to notice. Tie dye, flame stitch and patchouli came and went with so little fanfare that I have to believe no one liked them much the first time they were around. I suppose that patchouli's greatest benefit was to smother that other smell that was also very pungent, and illegal back in the day.

So I guess that Auntie was right one way or another. You can't but even if you can, please don't.

## Wear your Name Badge And Have a Chance to Win a Prize Submitted by Nancy Wolford-Landers

**Don't Forget** - wear your name badge to all the Soroptimist Club meetings and you will have a chance to win a prize at each meeting.

Each person who is wearing their name badge at the meeting get a chance to win a prize at that meeting. We want everyone to be able to put names and faces together. With new members joining us this year, we want them to know who we are and for us to know who they are. Name badges can help us do that. See you at the next meeting with your name badge on. Thank you for cooperating.



will  
raffle

**Thanks to our CEO Partner!**



## **Stay Connected!**

Submitted by Website Committee

Please be sure to visit our website at [SoroptimistSacramento.com](http://SoroptimistSacramento.com) for announcements, club calendar, speaker info, and more. Members also have access to exclusive content, such as the member roster



and club bylaws, through the Member Log-In in the upper right corner. If you've never logged in before or need assistance, you can use the "Contact Us" form on the website or send an email to Lisa Bartoe, Website Committee Chair, at [LJBartoe@yahoo.com](mailto:LJBartoe@yahoo.com).

If you're a Facebook user, you can find us on Facebook by searching for @SacSoroptimist, or visit our website [SoroptimistSacramento.com](http://SoroptimistSacramento.com) and click the "Connect With Us" button in the bottom right corner of our home page. Once you find us, be sure to click "Like" to like and follow our posts.

Committee Chairs and others who have something to submit for the website or Facebook can contact Lisa Bartoe, Website Committee Chair, at [LJBartoe@yahoo.com](mailto:LJBartoe@yahoo.com).

## **April 5th Speaker Paul Helman**



### **The Wives of the Railroad "Big 4" Plus One And Their Impact on Sacramento By Nancy Wolford-Landers**

We have all heard about the "Big Four" in Sacramento's Railroad history; Charles Crocker, Collis P. Huntington, Mark Hopkins, and Leland Stanford, and the mysterious fifth one, Judge Edwin Bryant Crocker. But what do we know about their wives? We know that behind every great man is usually an equally great woman. This meeting will be our chance to hear about those women and the impacts that they had on our community of Sacramento and even further into the entire state.

Our speaker is Paul Helman, who has been a docent at the California State Railroad Museum in Oldtown





Sacramento since 2002. He has put in over 11,000 volunteer hours in that capacity. He serves as an interactive explainer on the Museum floor, as a Brakeman on weekend excursion rides, and does mid-week yard moves on the Sacramento Southern Railroad. He is a qualified Signal Maintainer who tests and certifies the highway grade crossings used by the excursion railroad. He is obviously a big Railroad Buff. Paul also serves as a participant with the newly adopted Museum Strategic Plan which will further enhance this world-class museum in the Sacramento landscape.

Paul has been married to his wife, Nancy, for 48 years and they have two grown children and four grandchildren. He obtained a degree in Chemical Engineering from U. C. Santa Barbara and worked for 32 years for Procter and Gamble before retiring in 2002.

Paul is very community minded; and, also serves on the local Council Executive Board of the Boy Scouts of America and was Council President in 2011-2012.



### **SIS Mixer at Urban Roots ... a good time was had by all!**





## **SIS New Member**

### **Toni Kalpakoff**

242-5 Selby Ranch Rd

Sacramento, CA 95864

Active Member

Home: 415-728-3391

Cell: 415-728-3391

[tonikapp3@gmail.com](mailto:tonikapp3@gmail.com)

Work: Franchise Tax Board

Birth Date: April 1



## **2018-2019**

### **Soroptimist Offers Scholarships (SOS) and Donations**

Idelle Claypool  
Janet Galliani  
Nancy Wolford-Landers  
Mary Kobane  
Carol Adams  
Bonnie Coleman  
Barbara Coulam  
Jennifer Willis  
Barbara J. Nash  
Nilda Valmores  
Eva Garcia  
**Phyllis Moist**

Linda Byrne in Memory of Margaret Price,  
Idelle's sister-in-law \$50  
Elaine Pesce donated \$200 to our Crab Fiesta

### **Board Action Items –**

- 1) minutes of 2/24/19 board meeting unanimously approved
- 2) financial reports unanimously approved
- 3) Membership Application for Zahra Hamdani unanimously approved
- 4) Website Committee's recommendation and request to move forward with the development of a new custom website on a current software platform and engage the services of our current provider, Peak Design, with a budget of \$7,500 was unanimously approved
- 5) After review of member responses to the Fundraising Survey and additional input from Fundraising Chairs, the Board unanimously voted to discontinue the Edible Garden Tour in the 2019-2020 year
- 6) The 2019-2020 Slate of Officers recommendation from the Nominating Committee was unanimously approved. The Slate is as follows:

**President: Elizabeth Payette**  
**Vice President: Jennifer Willis**  
**Second Vice President: Lisa Bartoe**

**Recording Secretary: Phyllis McMaster Moist**  
**Corresponding Secretary: Donna Kistler**  
**Treasurer: Kathy Platz**  
**Assistant Treasurer: Kristy Fitzgerald**

**Board of Directors At Large - 2019 - 2020:**  
**Nancy Wolford Landers (filling the position vacated by Kristy Fitzgerald as she assumes Asst Treasurer role)**

**Board of Directors 2020 - 2022:**  
**Kris Lea and Lauren Buchanan**

***\*Continuing Board of Directors: Idelle Claypool and Carol Adams\****



### **Officers and Board of Directors 2018-2019**

**President – Sarah Lee**  
**First Vice President – Elizabeth Payette**  
**Second Vice President – Jennifer Willis**  
**Recording Secretary – Nancy Wolford-Landers**  
**Corresponding Secretary – Regina Boyland**  
**Treasurer – Kathy Platz**  
**Assistant Treasurer – Phyllis Moist**

Board of Directors

Carol Adams

Idelle Claypool

Kristy Fitzgerald

Lisa Bartoe

Glorian Martinelli

Parliamentarian (appointed) – Debbie  
Rubens

**April Soroptimists!**



**Happy Birthday**

Toni Kalpakoff

April 1

Barbara Coulum

April 7

Nancy Wolford-Landers

April 30



**SIS Program Schedule for  
2018-2019**

**Club Meetings will be held at Shriner's Hospital unless noted at Marriott**

**Meetings: 1<sup>st</sup> and 3<sup>rd</sup> Friday from 11:30-12:45**

**Socials: Planned by Hospitality Committee**

**Tentative Agenda**

April 5, 2019	Speaker + Business agenda	Nancy	confirmed	Paul Helman, Railroad Museum- History, Wives of the Big Four
April 12, 2018	Scholarship Lunch	Scholarship Ctte	confirmed	Scholarship Award Luncheon
<b>April 19, 2019</b>				<b><i>No Meeting</i></b>
May 3, 2019	Speaker + Business agenda	Donna K	confirmed	Joan Werblum, Sacramento Coalition for Chronic Care
May 17, 2019	Meeting w/ Speaker	Elizabeth	confirmed	Lisa Loker, LCSW, Eating Disorders
June 7, 2019	Celebrating Success + Bus. Agenda	Sarah and team	confirmed	Year End Review Mtg - President's Celebration
June 14, 2019	Installation	Installation Committee	confirmed	Lunch, 12-2 pm, Old Spaghetti Factory, 1625 Watt Ave. <i>Invitation to follow</i>

# *My Sister's House* **EMPOWERMENT** *18th Anniversary*

**Monday • May 13, 2019**

**Crest Theater**

VIP Doors • 4:30pm  
General Admission • 5:30pm  
Show Time • 6:00pm

# *Gala*

*Local Artists, Celebrities, & Community Leaders*

*A safe haven for Asian Pacific Islander Women and Children*



**My Sister's House**

- Music
- Comedy
- Dance
- Live & Silent Auction

Purchase Pre-Sale Tickets at  
[www.my-sisters-house.org](http://www.my-sisters-house.org)

\$30 • General Admission  
\$35 • General Admission (After May 1st)  
\$100 • VIP Admission



*My Sister's House*

Serving Asian and Pacific Islander and other underserved women and children impacted by domestic violence, sexual assault, and human trafficking by providing culturally appropriate and responsive safe haven, job training and community services. 24-hour Multilingual Helpline: 916-428-3271